

Campus Connections

St. Paul's

September 2011

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St. Paul's Annual Family Picnic "Country Hoe Down"



The Heritage 5th Anniversary



The Heritage Talent Show

Starring:
 Maggie Headland - Pianist
 Matthew Suzelis, Grandson of
 Sue Graboski - Pianist
 Dave Miller - Guitarist
 St. Paul's Choir
 Marie Lineman - Singer



Happy 69th Anniversay Lloyd & Helen Clark



The Heritage Trip to Emlenton, PA



The Heritage Gift to the VFW Honor Guard in Memory of Keith Graham



The Colony Campfire Cook Out



The Colony Trip to Linesville, PA



The Ridgewood Birthday Buffet



The Red Hatters Trip to Cambridge Springs, PA



A Message from the Pastor

Dear Friends of St. Paul's:

The Gospel lesson for September 11th from the Common Lectionary is Matthew 18: 21-35. In that passage, Peter asks Jesus how often he should forgive someone, - seven times? And Jesus answers, "No! Seventy times seven! So, I was going to write some thoughts on forgiveness! Then, I realized what happened on September 11th ten years ago. That was the day of the attacks on the World Trade Center, the Pentagon and the crash of flight 93 in a field near Shanksville, Pennsylvania

So - I began thinking, "how can I tie those horrible events and the concept of forgiveness together?" My first thoughts are, "I could never forgive those who conceived and carried out those acts of terrorism. They do not deserve forgiveness. They have not asked for forgiveness." Then Jesus whispers in my ear, "*What did I tell you about turning the other cheek? What did I say about loving your enemies? Do you remember that prayer I taught where you pray, forgive us our sins as we forgive those who sin against us?*" I say to myself, "boy I've got a lot of work to do." Jesus would probably talk to me like he talked to the Pharisees of his day. "O Lord, help me to be forgiving!"

Pastor Glenn

Worship Schedule and Scriptures for September 2011

9 a.m. The Heritage Fellowship Hall and Channel 6; 10 a.m. The Villas FrC and Channel 11; 11a.m. The Ridgewood Harmony Hall. Wednesday evening there is an informal worship service in The Villas FrC and Channel 11. All worship options are ecumenical in nature and all persons are invited to attend.

Sept. 4, 2011 Twelfth Sunday After Pentecost

Scriptures: Exodus 12:1-14; Psalm 149; Romans 13:8-14; Matthew 18:15-20

Pastor Bill Kirker will lead the 9:00 a.m. & 11:00 a.m. worship services.

Pastor Glenn Sadler will lead the 10:00 a.m. worship service.

Sept. 11, 2011 Thirteenth Sunday After Pentecost

Scriptures: Exodus 14: 19-31; Psalm 114; Romans 14:1-12; Matthew 18:21-35

Pastor Glenn Sadler will lead the 9:00 a.m. worship service.

Pastor Linda Miller-Pretz will lead the 10:00 a.m. & 11:00 a.m. worship services.

St. Paul's Choir will sing at the 10:00 a.m. worship service.

Sept. 18, 2011 Fourteenth Sunday After Pentecost

Scriptures: Exodus 16:2-15; Psalm 105:1-6, 37-45; Philippians 1:21-30; Matthew 20:1-16

Pastor Ray Brugler will lead the 9:00 a.m. worship service.

Pastor Glenn Sadler will lead the 10:00 a.m. & 11:00 a.m. worship services.

Sept. 25, 2011 Fifteenth Sunday After Pentecost

Scriptures: Exodus 17:1-7; Psalm 78:1-4, 12-16; Philippians 2:1-13; Matthew 21:23-32

Pastor Linda Miller-Pretz will lead the 9:00 a.m. & 11:00 a.m. worship services.

Pastor Glenn Sadler will lead the 10:00 a.m. worship service.

St. Paul's choir will sing at the 11:00 a.m. service.

A Message from Pastor Linda

To: The Residents and Staff of St. Paul's

"For everything there is a season, and a time for every matter under heaven." (Ecclesiastes 3:1)

The past four and a half years was the time for me to be a chaplain at St. Paul's. It has been a time of worship, music, spiritual growth, new friendships, learning, community building, and fun. I have truly enjoyed being part of the St. Paul's family.

However, it is now time for me to say good-bye and begin a new chapter in life called retirement as of October 1st.

Thank you for the honor and privilege of serving as chaplain at St. Paul's, I will keep you close in my heart and prayers,

Love You Staff and Residents!



Rev. Linda Miller-Pretz

SAVE THE DATE!

***The Alzheimer Association Will Be Conducting Its Annual Walk to End Alzheimer's 2011
(Formerly known as the Memory Walk)***

***Saturday, September 10th
Shelter #2, Buhl Park, Sharon PA
Walk Begins at 10:00 a.m.***

Please consider walking with St. Paul's team or if you prefer, start a team of your own!

If you wish to register on-line with St. Paul's team, simply go to www.alz.org. On map of the U.S., hover on Pennsylvania then click on "Start or Join a Team". From list of walks in PA, click on Sharon, PA. St. Paul's team will be listed on the right side of this page. Click on St. Paul's, then click on "Join Our Team". If you prefer to complete a paper registration, feel free to send it to Tammy Lininger at St. Paul's. We can complete the on-line registration for you. Paper registration forms are available from the Receptionists. If you are unable to walk with us, please consider sponsoring our team with a donation payable to "The Alzheimer's Association". You can mail your donation to the attention of Tammy Lininger to include with our team totals.

For more information about St. Paul's team efforts, feel free to call Robyn Weaver at St. Paul's at (724) 588-7610 ext. 1173.

Leaving a Legacy: Points to consider in planning an estate

Security, good fixed rates, and tax benefits, too!!!!

The dramatic fluctuations in the August stock market has left many of us worried about the value of our portfolios and the income we derive from those securities in the months and years ahead.

An answer to your dilemma is a charitable gift annuity with St. Paul's. A charitable gift annuity offers a fixed rate of return. The rate is locked in for life! Furthermore, it is higher than dividend returns on investments and is considerably higher than the rates on certificates of deposit.

Federal regulations require Charitable Gift Annuities to maintain substantial reserves so the principle is safe and secure.

Charitable Gift Annuities also offer favorable tax treatment including an immediate charitable tax deduction and a portion of the income you receive is tax free for a period of time.

For additional information on Charitable Gift Annuities, please contact the Development Office at St. Paul's by calling 724-588-7610.

Position Changes

Pastor Glenn Sadler has officially tendered his retirement notice, effective November 30, 2011. We want to wish him and Arlene many good years to enjoy retirement together.

Bill Kirker has accepted the position of St. Paul's full-time pastor. Bill is an ordained minister and he is looking forward to his new role.

Diane O'Brien has been offered and accepted the position of Director of Development and we will be seeking a candidate to fill Diane's position as marketing specialist.

We want to congratulate everyone in their new roles.

ST. PAUL'S GALLOPERS



TEAMING UP FOR A CURE!

St. Paul's Fundraising Upcoming Events

September 10 - 10 a.m. - The Walk to End Alzheimer's at Buhl Park in Sharon

September 11 - Annual Car Cruise at the O.D. Anderson Pavilion from 2 - 6 p.m.



Mission: To improve the well-being of residents and those who care for them by transforming the communities in which they live and work.

Vision: To eliminate loneliness, helplessness, and boredom.

"COLONY COLUMNS"

The Colony News

News And Notes

Women's Book Club - Wednesday, Sept. 15, 2 p.m. in the Keifer Social Room. The book for September is *Founding Mothers* by Cokie Roberts. The book for October will be *Daughter of Fortune* by Isabel Allende.

Women's Bible Study - Wednesday, Sept. 28, 10 a.m. in the Keifer Social Room.

Bridge Group - Meets weekly on Saturdays, 1 p.m. in the Keifer Social Room. A weekly sign-up notebook is located on the counter by the mailboxes.

September Birthday Celebration - Will be held on Wednesday, Sept. 7, 2 - 3 p.m. in the Keifer Social Room. Everyone is welcome. Come celebrate, have birthday cake & ice cream with your friends and neighbors!

Coffee Klatch - Will be held Wednesday, Sept. 14, 9:30-11:30 a.m. in the Social Room. Come enjoy some delicious pastries while waiting for your mail.

Movie Nights - Will be Thursday, Sept. 15th & Monday, Sept. 26th. The Sept. 15th movie will be *For Richer or Poorer* starring Tim Allen & Kirstie Alley. The Sept. 26th movie will be *Rudy* starring Sean Astin, Ned Beatty & Charles Dutton.

Librarian Schedule:

Sept. 4 - Polly Oden
Sept. 11 - Phyllis Haynes
Sept. 18 - Autumn Colby
Sept. 25 - Mildred McLaughlin

Ladies of the Colony

We will be concluding our Women's Bible Study Wednesday morning Sept. 28th at 10am in the Library of the Keifer Building. We will be studying the last chapter in the book *Wisdom's Daughters*. The woman of interest is "Mary the Mother". If you have a favorite picture or sculpture of Mary you would like to share with the group please bring it with you.

See you on the 28th,
Pastor Linda

September

08 ~ Jean Hodge
12 ~ Mary Alice Dean
15 ~ Opal Jones
20 ~ Tom Hodge
22 ~ Dorothy Rust
29 ~ Paul Dart



October

02 ~ Clint Appleby
03 ~ Arlene Sadler
07 ~ Dee West
15 ~ Maggie Headland
16 ~ Nola McGranahan
19 ~ Mary Ellen Dart
22 ~ Ray Brugler
22 ~ John Rust
23 ~ Lucy Shaffer
31 ~ Autumn Colby
31 ~ Mildred McLaughlin

Upcoming Events

Sept. 2 - 7:30 a.m. - Men's Breakfast at The Heritage

Sept. 5 - 12:30 - The Colony Labor Day Picnic

Sept. 5 - Labor Day Holiday - Keifer Office will be closed.

Sept. 6 - 5 p.m. - 8 p.m. - Jamestown Fair

Sept. 6 & 20 - 10 a.m. - Noon - Free Blood Pressure Screening with VNA Alliance at the Keifer Building.

Sept. 10 - 1 p.m. - Jamestown Fair Parade.
Donations of candy or small trinkets are greatly appreciated.

Sept. 11 - 2 - 6 p.m. - St. Paul's Cruise In & Corn Roast

Sept. 12 - Colony Camp Fire

Sept. 14 - 2 p.m. - The Annual Colony Ice Cream Social to greet new residents will be held at the O. D. Anderson Pavilion.

Sept. 22 - Elephant Ears & Apple Cider

Sept. 23 - Autumn Begins

Sept 30 - 5:30 - 8:30 p.m. - Farewell to Summer Picnic

THE RIDGERUNNER

Ridgewood News

September Activities

Sept. 1

- 9:30 Garden Care Sunshine Patio
- 1:00 Poker
- 6:30 Amish Singers
- 7:00 Greenville Photography Club (HH)

Sept. 2

- 1:30 500 Card Party

Sept. 5 - Labor Day Holiday

- 12:00 Dining Room Seating Change
- 6:30 Canine Connection

Sept. 6

- 7:00 Reynold's Key Club

Sept. 7

- 10:00 Catholic Mass at The Villa's
- 3:45 Hymn Sing with Janet Espey

Sept. 8

- 3:00 Resident Walking Time

Sept. 9

- 1:30 500 Card Party
- 12:00 Buffet Lunch "Back To Go" Theme

Sept. 10

- 12:00 Jamestown Fair Parade

Sept. 11

- 2:00 Puzzles with Jim in North Park
- 3:00 Ice Cream Cart

Sept. 12

- 9:00 Nails & More
- 11:00 Join Roxanne & Laura - Koi Pond Care
- 6:30 Ed - Sandy Ceramuga w/Joan Wentling

Sept. 13

- 1:30 Food Committee
- 2:30 Indoor Plant Watering

Sept. 14

- 2:30 Eden Family Gathering
- 2:30 Resident Council

Sept. 16

- 10:30 Wii Golf in Harmony Hall
- 1:30 500 Card Party

Sept. 19

- 9:30 Garden Care on Sunshine Patio
- 1:30 Ridgewood Knitters

Sept. 20

- 10:30 Wii Golf in Harmony Hall

Sept. 21

- 11:00 Farmers Market Downtown
- 3:45 Hymn Sing with Janet Espey

Sept. 22

- 1:00 Poker in North Park
- 11:15 Music, Music, Music (Harmony Hall)

Sept. 23

- 1:30 500 Card Party

Sept. 25

- 5:30 Special Dessert w/Hope, Shirley, Dave

Sept. 26

- 7:00 Happy Volunteers

Sept. 27

- 10:30 Puzzles with Jim in North Park

Sept. 28

- 4:00 Social Hour

Ridgewood Residents

Please remember to sign out if you're stepping outside. Even though you may just be sitting outside we need to know if you're not in the building. This is an important task to insure your safety in case there is a fire or tornado.

September Birthdays

Resident Birthdays:

11 Katherine Yurko

17 Janet Shipton

Staff Birthdays:

12 Michelle Miranda

23 Brenda Hawk

23 Jean Smith

Transportation Reminder

In order to better serve transportation needs, please let the receptionist know of your transportation needs **preferably 48 hrs. in advance**. We ask that all residents be ready and waiting in the lobby no later than ½ hour before their appointment time unless otherwise notified. Each pink Appointment Reminder Slip has this same request noted on the bottom of the paper to serve as a reminder.

Senior Corner: Helping a senior transition to a new home. Source: Relocation.comStaff

It's a situation more of us will be facing in the coming years: Helping our parents move to a smaller home or a community where living on their own will be easier, or where they'll have more access to day-to-day services. Although there are many emotional issues around the senior's relocation, there are also many practical factors associated with choosing a new home, and the actual move itself.

First is choosing the best place for them to live. Do they have access nearby to the things they need – pharmacy, banks, etc.? Even if they can drive now, think ahead to when they won't be able to.

If the senior is moving into a bi-level house, it should have a room on the main floor that can be used as a bedroom once stairs become difficult to navigate. Once seniors have chosen a new place, go with them to visit and get accustomed to the new environment. This will give them a chance to get to know their new roommates, friends or neighbors.

Setting up the new space to look like the old place can help make it feel familiar. Nancy Pelham, a Dallas professional organizer and owner of Helping Hands Personal Service, recommends taking photos of the old home so that whoever's setting up the new one can help make it look familiar. "If a stranger is helping parents move, they may be great at unpacking, but don't know where a special china plate goes," she says.

Once the new home is set, prepare for moving day. If you can, get everything set up before the senior arrives. If that's not realistic, avoid any safety hazards. Keep clear aisles between boxes. Don't leave area rugs rolled up because they are a tripping hazard. Likewise, watch out for lamp and phone cords that are not connected and out of the way. Remove boxes as soon as they're empty, and keep the house well lit. Making sure the moving companies you work with are familiar with your special needs. Pelham says that setting up the seniors' bedroom and bathroom as quickly as possible is very important. "You don't want leave them stranded with a bunch of boxes, and everyone's already gone."

People should also make sure seniors eat the day of the move; in the hectic commotion, they may forget to do so. If the move is going to take more than a day, arrange for a place for the elder person to stay. Many retirement communities have guest rooms. And be sure that he or she has any needed medications as well as a change of clothes.

Once seniors are unpacked, go through their new home and make sure they understand how to operate the thermostat, alarms and other features – they might be moving from a home where they lived for decades that didn't have these features. Help them transfer phone and electricity, if necessary, as well as any prescriptions if they'll be using a new pharmacy.

And if they haven't already visited the new facility, help familiarize them with any rules or regulations as well as any activities that might be available at their new home.

September Staff of the Month - Krystal Thurber

Krystal began working at The Ridgewood March of 2011. Ridgewood employee Kim Yeager is Krystal's older sister. Kenny is her younger brother. Krystal helped on her uncle's farm in the Greenville Area where she became involved in showing cows in 4-H and still shows at local fairs. She was in track and field in high school where she throws the shot put and discus. She had the second longest discus throw at 106 feet. Krystal is married and lives in Jamestown with her husband Adam. They got married on June 12, 2010. Her and her husband bought a house in Jamestown. She has 2 dogs, 1 cat, 12 bunnies and 2 chinchillas - they are a squirrel-sized rodent with a bushy tail and large round furry ears. They are Native to South America. Krystal loves her animals. She is a member and secretary of the North Shenango vol. firer dept. Krystal went to business school and worked at Goldstein's corporate office before she came to St. Paul's to work. She enjoys taking pictures and spending time with her family and friends. She likes to fish and golf with her husband Adam. We are lucky to have Krystal in our family at the Ridgewood, the residents and the staff loves her.

THE HERITAGE NEWS

Heritage Highlights

- Thu Sept. 1**
 12:00 Dining Room Seating Change
 6:30 Coping w/Loss Support Group at The Villas
 7:30 Amish Singers Will sing (FH)
- Fri Sept. 2**
 7:30 - 9 a.m. Men's Breakfast
 10:00 Card Making
- Mon Sept. 5 - Labor Day Holiday**
 12:00 Picnic Lunch in Dining Rooms
- Wed Sept. 7**
 10:00 Depart for Emlenton Museum
- Thu Sept. 8**
 4:30 Wine Cart Starting on 2nd Floor
- Sat Sept. 10 - Jamestown Community Parade - Watch for Details**
- Sept. 11 - 17 - National Assisted Living Week**
Theme: "Forever Proud"
- Sun Sept. 11**
 9:00 Special Church Service in Remembrance of 911
 2 - 6 p.m. - St. Paul's Annual Car Cruise
 O. D. Anderson Pavilion
- Mon Sept. 12**
 1:00 Colorful Nails (1st and 2nd floor)
- Mon Sept. 19**
 6:30 Ed and Sandy Ceremuga and Joan Wentling will Entertain
- Wed Sept. 21**
 Music by Jim Hutchison
 Time to be Announced
- Thu Sept. 22**
 4:30 Wine Cart Starting on 2nd Floor
- Fri Sept. 23**
 2:30 September Birthday Celebration(FH)
- Mon Sept. 26**
 11:00 Bingo Bucks Shopping
 1:00 Colorful Nails (3rd & 4th Floor)
- Wed Sept. 28**
 2:30 Resident Council

Attention New Residents/Voters

If you would like to vote at the fall elections in this area and have not changed your address, you can still do so. Please see Linda Davis no later than Oct. 7th for details. We do have a polling place here on campus and transportation is provided for all interested residents to vote.

Happy Birthday

Sept. 1 - Frieda Miller	Sept. 17 - Carole Foust
Sept. 9 - John Busch	Sept. 23 - Earl Watkins
Sept. 13 - Pauline Kreps	Sept. 24 - Betty Eddy
Sept. 14 - Blair Haines	Sept. 30 - Laura Watkins
Sept. 16 - Nora Long	

PLEASE NOTE - The front doors of The Heritage are locked at 10 p.m. every night. Anyone coming in after that time will need to ring the doorbell for staff assistance to enter the building.

Livingood Guest Apartment

The Livingood Guest Apts are located in The Heritage and provide sleeping accommodations for 2-4 people along with a kitchenette, television and telephone service. Fees are \$60.00 per night. Fees for visitors who are not connected to St. Paul's are \$75.00 per night. Guests are welcome to enjoy several dining areas on campus for a minimal cost. To reserve a Livingood Guest Apt please call Marilyn Moore at 724-588-7610 ext. 1146.

Weekly Trips to Shenango Valley - The Mercer County Transit offers trips to Shenango Valley (Mall, restaurants, downtown, etc.) every Friday for \$1.00 per stop for interested residents. See Linda Davis for details.

Notice: When taking your loved one out of The Heritage, please remember to sign out when leaving and sign in when returning. There is a sign out/in sheet at each nursing station on 2nd, 3rd, & 4th floor as well as one at the receptionist desk on 1st floor. This is important for the staff to know in case of emergency so every resident can be accounted for.

Emlenton Trip

We will be taking a 2nd trip to Emlenton Museum and Creamery on Wed. Sept. 7th for those residents unable to attend our 1st outing. Lunch will be provided. Please sign up at Receptionist Desk on the 1st floor, if interested.

THE HOUSE CHATTER

News From The Villas

Guest Meals for Family & Friends

We welcome family members and friends to share a meal with our Villas' residents. There are just a few things that you must remember when ordering these meals:

1. Purchase a "guest meal" ticket from the receptionist.
2. Your meal will be the "main" meal. An alternate will not be provided.
3. The dietary dept. would appreciate 24 hours notice so enough meals have been prepared to accommodate our residents and their guests.

The Bistro Gift Shop Hours

Daily: 12:00 - 4:00 p.m.
Wednesday: 9:00 a.m. - 4:00 p.m.

The Bistro features specials every day. Available will be soups, sandwiches, salads, cold drinks, coffee and our specialty - 3 delicious flavors of cappuccino to pick from. Stop in for an early morning cappuccino and pick up your Bistro special card. Every time you buy a cappuccino get your card punched, when you have all 9 cups punched, get your 10th cup free!

Just a Reminder

Resident Council meets the third Tuesday of each month at 10:15 a.m. **ALL** Villas residents are invited to attend these monthly meetings

DSL Internet Access Now Available

High speed DSL Internet access is available in the resident rooms of The Villas, The Ridgewood, and The Heritage. The service includes unlimited access to the Internet and e-mail account. The DSL service will not tie up your phone and allows you to make and receive calls while you are online. The DSL service will cost \$20.00 per month. Contact Brandon Busch at 724-588-9613, ext. 1222 for more details and system requirements.

New Residents

Catherine Adzima	Margaret McCormick
Mary Byers	Robert McDonald
Evelyn Carroll	Paul Milford
Esther Crawford	Charles Miller
Alan Endicott	Carolyn Morian
Marion Fisher	Katharyne Mostoller
Leonard Grasso	Mabel Parks
Rosa Hall	Barbara Powell
Clifford Harriger	Margaret Smith
Phillip McCloskey	

Discharged Residents

Pauline Arbuckle	Charles Miller
Autumn Colby	Katharyne Mostoller
Esther Crawford	Helen Perseghetti
Dorothy Helstern	Barbara Powell
J. Richard Kelso	Marjorie Ryder
Frank Krider	John Sed
Mary Mangine	Theodore Shahade

In Memory

Beverly Bettiker	Donald McGinnis
Catherine Cooper	Teresa Pomponio
Mary McCann	Clair Shingledecker

Happy Birthday

Sept. 1	Carolyn McConnell
Sept. 3	Ruth Recascino
Sept. 4	Mary Hough
Sept. 6	Beatrice Shearer
Sept. 7	Catherine Groce
	Lee Shilling
Sept. 10	Dawn Bornes
	Margaret Pryse
Sept. 11	Bettie Sheirer
Sept. 13	Ruth Pollitt
Sept. 16	Wilma McGee
Sept. 17	Shirley Huhn
Sept. 19	Wilma Grimm
Sept. 21	Alta Mae Rademacher
Sept. 23	Grace Stuyvesant
Sept. 29	Marjorie McKinnon

The Villas

Sarah Alabran	Beth Albaugh	Davina Anderson	Frank Anthony	Val Baldelli
Deb Benedetto	Louise Besser	Kimberly Billings	Cindy Blanton	Judy Bowser
Cathy Boyer	Stephanie Brown	Brandon Busch	Dave Butler	Sam Clevenger
Becky Collingwood	Lori Cox	Linda Cramer	Brittany Davis	Tommy Davis
Carol Delp	Amanda Dias	Shelby Doeberienner	Kara Doddo	Mimi Dreher
Dylan Durso	Rachel Elliott	Tina Eells	Heidi Emerick	Holly Everson
Lanette Farkas	Lauretta Fell	Gene Fertig	Terry Foster	Brytany Foulk
Penny Freeman	Ida Fritz	Shelly Gansca	Patty Gardner	Tammy Gearhart
Randy George	Tiffany Greco	Jane Greggs	Kelly Harper	Barb Hauck
Tommy Hauser	Joan Heasley	Teresa Heckman	Jodi Hereford	Doug Heverly
Nikki Hites	Alizabeth Hull	Judy Hunter	Melanie Jackson	Janet Jones
Kathy Jones	Laura Jones	Tina Jones	Tiffany Kapp	Donna Kean
Arlene Kelley	Katherine Kerr	JR King	Jenny Lambert	Sherri Latshaw
Kim Legg	Michelle Lengacher	Lindsey Lesnett	Brittany Little	Andie Lugg
Lisa McCracken	Sue McConnell	Leann McCurdy	Joyce McGuire	Steve Myers
Brittany Meyerl	Brenda Micsky	Janet Miller	Dianna Mills	Casey Misavage
Pat Mowery	Missy Nitch	Deb Noey	Carol Olsen	Mary Ann Palmer
Ashley Parish	Cayla Perry	Colleen Philbrick	Sheila Reiser	Donita Ritchey
Colleen Roach	Barb Scriven	Patty Schuster	Stephanie Seiver	Laura Shaner
Janet Shearer	Jessi Shearer	Tammy Shoaff	Kim Shrock	Michelle Smith
Wendy Smith	Deb Stephens	Johanna Tribley	Ashley VanKirk	Joan Wells
Lucy Wheaton	Corey Woods	Elisa Wotherspoon	Linda Yeager	Deb Yesko
Gretchen Zahniser	Mary Zarecky			

The Heritage

Sarah Barry	Amy Black	Deb Boughner	Kim Bullis	Jim Ferguson
Rita George	Irene Hoover	Robin Knight	Keefe McNamara	Shirley Patton
Deb Studor	Daphne Succheralli	Janie VanKirk		

Special Thanks

To the Dietary Staff - Thanks for the card and the get well wishes. It was much appreciated! - Joan Horak

A huge thank you to everyone who helped out with this year's "Country Hoe Down" family picnic. From preparations, scheduling, set-up, food, escorting, serving, hosting, and clean up it was a team effort which was noted by many of our guests with compliments about our Home!

To all the Orchards Staff: Thank you for helping make the new nurse aid students' clinical experience meaningful and positive. You all set a good example - Laura T & the July NA class

Mary Senchesen - thank you for everything - Ashley Philson

Thanks to Olivia Gilson, Andrew Herman, Kenzie Herman for your help with the picnic! - The residents of the Orchards

Thanks to Jim Sheirer who always knows how to make my day no matter what might have happened that day. I will miss you! - Ashley Philson

Thanks to Joan and Domenic Heasley for taking the time to go to the game with us! - Orchard Residents and Dianna

Thanks to Mike and Barb Walton for taking us to the Scrappers game. We had a great time!! - Orchards Residents

To any resident or fellow staff that I may have missed. Thank you for everything over the years - Ashley Philson

Families and friends may eat with residents for the following prices: Breakfast - \$3.50; Dinner - \$5.00; Supper - \$5.00 Contact the Dietary Dept. to make reservations. The Dietary Dept. would appreciate at least 24 hours advance reservations from family/friends who plan to dine with residents. In this way, they can ensure proper quantities of food are prepared. **Thank you.**

Noon Meals - September 2011

Thu	Sept. 1	Vegetable Gelatin Salad, Stuffed Green Pepper, Mashed Potatoes, Carrots, Sherbet
Fri	Sept. 2	Cole Slaw, Fish, Red Roasted Potatoes, Asparagus, Butterscotch Pudding
Sat	Sept. 3	Spinach Salad w/Hot Bacon Dressing, Swedish Meatballs, Noodles, Butter Beans, Peaches
Sun	Sept. 4	Mixed Greens Salad, Italian Roast Beef, Parslied Potatoes, Whole Green Beans, Lemon Meringue Pie
Mon	Sept. 5	Crispy Baked Chicken, Potato Salad, Corn on the Cob, Pickles & Olives, Watermelon
Tue	Sept. 6	Carrot/Raisin Salad, Meat Loaf, Mashed Potatoes, Asparagus, Oatmeal Raisin Cookie
Wed	Sept. 7	Marinated Squash, Herb Rubbed Fish, AuGratin Potatoes, Baby Carrots, Apple Crisp
Thu	Sept. 8	Tossed Salad, Hamloaf, Mashed Potatoes, Buttered Cabbage, Devils Food Cake
Fri	Sept. 9	Marinated Cucumber, Basil Chicken, Baked Potato, Broccoli/Cauliflower, Brownie
Sat	Sept. 10	Vegetable Gelatin Salad, Citrus Marinated Pork Loin, Oven Roasted Potato Wedge, Lima Beans, Cherry Cheesecake
Sun	Sept. 11	Garden Salad, Stuffed Chicken Breast, Mashed Potatoes, Baby Carrots, Peach Pie
Mon	Sept. 12	V8 Juice, Rotini w/Meat Sauce, Garlic Toast, Corn, Chocolate Chip Cookie
Tue	Sept. 13	Mixed Greens Salad, Chicken Kiev, Mashed Potatoes, Asparagus, Peach Upside Down Cake
Wed	Sept. 14	Relish Tray, Hamloaf, Candied Sweet Potatoes, Cauliflower/Pimentos, Key Lime Pie
Thu	Sept. 15	Cole Slaw, Pot Roast, Roasted Potato, Whole Green Beans, Banana Split
Fri	Sept. 16	Garden Salad, Chicken Pie, Mashed Potatoes, Broccoli w/Cheese, Cream Puffs
Sat	Sept. 17	Vegetable Gelatin Salad, Meat Lasagna, Garlic Toast, Asparagus, Sherbet
Sun	Sept. 18	Marinated Cucumber, Turkey, Mashed Potatoes, Succotash, Vanilla Graham Cracker Pie
Mon	Sept. 19	Spinach Salad w/Hot Bacon Dressing, Chicken Supreme, Hash Brown Casserole, Peanut Butter Cookie
Tue	Sept. 20	Garden Salad, Spaghetti & Meatballs, Garlic Toast, Green Beans, Peach Pie
Wed	Sept. 21	Cole Slaw, Fish, Home Fried Potatoes, Roasted Squash, Lemon Pudding Cake
Thu	Sept. 22	Vegetable Gelatin Salad, Hot Roast Beef Sandwich, Mashed Potatoes, Lima Beans, Sugar Cookie
Fri	Sept. 23	Mixed Greens Salad, Stuffed Cabbage w/Sauce, Mashed Potatoes, Whole Green Beans, Raspberry Jello Cake
Sat	Sept. 24	Broccoli Salad, Caesar Chicken, Egg Noodles, Corn on the Cob, Sherbet
Sun	Sept. 25	V8 Juice, Glazed Baked Ham, Whipped Sweet Potatoes, Malibu Mixed Vegetables, Boston Cream Pie
Mon	Sept. 26	Tossed Salad, Vegetable Lasagna, Garlic Toast, Broccoli, Strawberry Short Cake
Tue	Sept. 27	Carrot Raisin Salad, Chicken Bacon Roll-Up, Scalloped Potatoes, Green Beans Almondine, Apple Pie
Wed	Sept. 28	Garden Salad, Turkey, Stuffing, Cranberry Sauce, Peas/Carrots, Tapioca Pudding
Thu	Sept. 29	Mixed Greens Salad, Meat Loaf, Mashed Potatoes, Cream Corn, Cream Puffs
Fri	Sept. 30	Carrot/Celery Sticks, Salmon w/Pea Sauce, Brown Rice, Asparagus, Sugar Cookie

Special Event Reservations: If you wish to reserve the Private Dining Room or the Friendship Commons Room for family affairs, contact Robyn Weaver at ext 1173.

THE VILLAS' ALL - HOUSE ACTIVITY SCHEDULE

■ In addition to the following schedule of Monthly Activities and Special Events, Neighborhood Activities will be planned to reflect interests within each individual neighborhood. Eden Gatherings and Activities will be included in the Neighborhood Happenings as well as those determined by the Residents Eden family. Music, Crafts, KIT, Manicures/Colorful Nails, Exercise or Physical Activity/Games, Baking/Cooking or Snack Making, Entertainments, Community Outing, Homecare, Outdoor and Companionship Opportunities will be offered in the planning process.

■ Personal Leisure Activities that are meaningful to be determined and coordinated with individual residents.

■ Daily: Movies played on Channel 11 at 10 a.m. & 2 p.m. and every Friday at 7 p.m. unless spiritual services or other programs are being broadcast at that time from FrC.

■ Week-End Activities at various times throughout the building.

**Thu September 1 - Flower of the Month:
Aster and Morning Glory
September Birthstone - Sapphire**

10:30 Rosary
2:00 Bible Study
2:00 500 Bid (Golden Willows DR)

**Fri September 2 - Back to School Friday &
Jeans Day**

2:00 R U Smarter Than a 5th Grader
3:00 Bingo Bucks Exchange
7:00 Friday Nite Movie on Channel 11

Sat September 3 - Folk Music Day

2:00 Bingo

**Sun September 4 - International Enthusiasm
Week**

10:00 Church Service
2:00 Movie for the Neighborhoods

Mon September 5 - Labor Day

9:00 Labor of Love Treats to the
Neighborhoods

Tue September 6 - Fight Procastination Day

2:00 500 Bid (Golden Willows DR)
7:00 Bingo

Wed September 7 - Buddy Holly's Birthday

10:00 Mass
2:30 Hymn Sing
6:30 Mid Week Service

Thu September 8 - NFL Season Starts

10:30 Rosary
2:00 Bible Study
2:00 500 Bid (Golden Willows DR)
7:00 Ceremugas

Fri September 9 - NFL & Jeans Day

7:00 Friday Nite Movie on Channel 11

**Sat September 10 - Appreciate You
Hometown Day**

10 - 4:30 Jamestown Fair Parade
2:00 Bingo

Sun September 11 - Cruise-In at St. Paul's

10:00 Church Service - Choir Sings
2:00 Movie for The Neighborhoods
2:00 - 6:00 14th Annual Car Cruise In

**Mon September 12 - Learn Something on the
Computer Day**

2:00 Scrabblers (Willows Dining Room A)
7:00 Canine Connectin to Love

Tue September 13

6 a.m. Coffee Cart & Breakfast Goodies
6 a.m. Villas Newsbits
2:00 500 Bid (Golden Willows DR)
7:00 Bingo

Wed September 14 - Make a Snack or a Treat

10:00 Euchre on Orchards
2:30 Hymn Sing
6:30 Mid Week Service

**Thu September 15 - Sugar Pie, Honey Bunch
& Jeans Day**

10:30 Rosary
12:00 Social Hour Luncheon:
Honey Bunch & Lunch

2:00 Bible Study
2:00 500 Bid (Golden Willows DR)

Fri September 16 - Neighborhood Themes Day

7:00 Friday Nite Movie on Channel 11

Sat September 17 - Make up a Story Day

2:00 Bingo

Sun September 18 - Cheeseburger in Paradise

10:00 Church Service
2:00 Trip Out
2:00 Movie for The Neighborhoods

Mon	Sept. 19 - Work on a Scrapbook Day 9:30 - 11:30 Trips Out 7:00 Happy Volunteers	Sat	Sept. 24 - Hunting & Fishing Stories 2:00 Bingo
Tue	Sept. 20 - "Salute to the First Ladies" Trivia 10:00 Marbles the Cat 2:00 500 Bid (Golden Willows DR) 7:00 Bingo	Sun	Sept. 25 - National Comic Book Day 10:00 Church Service 2:00 Movie for the Neighborhoods
Wed	Sept. 21 - International Day of Peace United Nations 10:00 Euchre on Orchards 2:30 Hymn Sing 6:30 Mid Week Service	Mon	Sept. 26 - Carpe diem! 2:00 Bistro, Billiards & Books Club 7:00 Entertainment in The Commons
Thu	Sept. 22 - Elephant Appreciation Day 10:30 Rosary 2:00 Bible Study 2:00 500 Bid (Golden Willows DR) 7:00 Evening Entertainment: Zac Markley Thiel Student Sings & Plays Piano	Tue	Sept. 27 - Famous Birthdays 12:00 Monthly Birthday Luncheon 2:00 500 Bid (Golden Willows DR) 7:00 Bingo
Fri	Sept. 23 - Celebrate the Beginning of Fall 9:30 - 11:30 Trips Out 2:00 - 4:00 Trips Out 7:00 Friday Nite Movie on Channel 11	Wed	Sept. 28 - Share Something Day 10:00 Euchre on Orchards 6:30 Mid Week Service
		Thu	Sept. 29 - Rosh Hashana 10:39 Rosary 2:00 Bible Study 2:00 500 Bid (Golden Willows DR) 6:00 Neighborhood Movies
		Fri	Sept. 30 - Favorite Fair/Tee Shirt/Jeans Day 10:00 - 3:30 The Villas County Fair 7:00 Friday Nite Movie on Channel 11

Movie List for September (Channel 11)

3rd	10 a.m.	The Time Machine	19th	10 a.m.	Mulan
	2 p.m.	Dragon Heart		2 p.m.	Shanghai Knights
4th	2 p.m.	The Secret Garden	20th	10 a.m.	Away From Her
5th	10 a.m.	The Game Plan		2 p.m.	Mean Girls
	2 p.m.	Little Giants	23rd	7 p.m.	E.T.
6th	10 a.m.	Mission Impossible	26th	10 a.m.	Mary Poppins
	2 p.m.	Dirty Dancing		2 p.m.	Ferngully
12th	2 p.m.	Rat Race	27th	10 a.m.	Birthday Girl
16th	7 p.m.	Legends of the Fall		2 p.m.	Guess Who's Coming to Dinner

Crafter & Artisans Needed!

On Sun, Sept. 11, 2011, St. Paul's will be holding our 14th Annual Car Cruise. As with last year, we will have space available for artisans and crafters to add to our event. If you have a craft or art that you would like to display and/or sell at the Car Cruise, please contact Linda Davis ext. 1415 or Roxanne McElhinny ext. 1156. Space is limited, so call and reserve your space early. Staff who wish to reserve space will be given a reduced rate - absolutely FREE

Bakers Needed!

We are planning to sell fruit pies again this year at the Annual Car Cruise. We will be selling slices of pies to our residents, family members, guests and cruisers. If you would like to donate a fruit pie for our event, please advise Roxanne McElhinny, ext. 1156. Pies can be dropped off at The Ridgewood on Sunday, Sept. 11th before noon.

Plan to stop by that day to check out the antique and classic cars, Russ's world famous ribs, great homemade pies, and the best corn roast in town. Small games of chance will also be played.

Thank you for supporting our Annual Car Cruise. 16

September 2011 Activities and Special Events

Fri - Sept. 3 - Back To School & Jeans Day. Don't be Too Cool for School! Show your spirit and wear your school colors, mascot or logos this day along with a pair of jeans. We'll have team games of Are You Smarter than a 5th Grader? at 2 p.m. in the Friendship Commons! Watch out class clowns! You may end up clapping the erasers at the end of the day! At 3 p.m., we'll have Bingo Bucks exchange for Villas' bingos. Staff participating in Casual Friday, please forward a \$1.00 to the receptionist. 100% of proceeds go to resident's activities.

Mon - Sept. 5 - Labor Day Holiday - Activity Staff will be passing out Labor of Love Treats to the Neighborhoods in honor of Labor Day Holiday and all our hard-working folks!

Fri - Sept. 9 - NFL and Jeans Day - Wear your favorite NFL colors, team memorabilia or paraphernalia! Staff participating in Casual Friday, please forward a \$1.00 to the receptionist. 100% of proceeds go to resident's activities. At 2 p.m. in the Friendship Commons, we will have a TAILGATE PARTY! Join us for some Grillin' Goodies and Party Treats! We'll be playing a Football Guessing Game and also challenging you with some Football Trivia to Kick-off the LEAGUE SEASON!

Sat - Sept. 10 - Jamestown Trip - Interested residents sign up with Activity Staff in your neighborhood by September 6th.

Sat - Sept. 10 - The Alzheimer's Association "Memory Walk" at Buhl Park in Sharon.

Sun - Sept. 11 - St. Paul's Annual Car Cruise - Please be sure to come by between 2 - 6 p.m. to The Pavilion area & parking lot by The Ridgewood & The Heritage! We'll have Classics, Hot Rods & other Cool Cruiser Cars! This year we are adding RUSS' FAMOUS RIBS to the CRUISE-IN! Enjoy DJ Rick Armor, Froggy 95 Remote, a Craft/Vendor Village, Kid's Lane by Bullfrogs & Butterflies, Chinese Auction & Raffle! See you there! Free Jeans Day/Shorts if you wear a Car or Cruiser Shirt.

~ We are supporting The Heritage and The Ridgewood as they celebrate National Assisted Living Week. Stay tuned for themes! ~

Thu - Sept. 16 - Sugar Pie, Honey Bunch & Jeans Day - What's the Buzz? September is Honey Month - so wear a shirt that shows your sweet side along with a pair of jeans! Fly by the Honey Hole in the Friendship Commons at noon for Delectable Dishes at Social Hour Luncheon! We'll be serving Honey-Baked Ham w/Cheesy Hash Browns, Bumble Bee Biscuits and the Bee's Knees Beans. Enjoy beverages of Punch & Raspberry Stingers. Try not to swarm us when we deliver Dessert...Scrumptious Hornet Hives Ala Mode drizzled with a Bit-o-Honey!

Fri - Sept. 17 - Neighborhood Theme Day - Neighborhoods choose their themes for Casual Friday!

Fri - Sept. 23 - Celebrating the Beginning of Autumn & Jeans Day - Wear the charming colors of Autumn this day along with a pair of jeans. We have several trips planned throughout this week to celebrate the change of the seasons & enjoy the fall foliage colors. Staff participating in Casual Friday, please forward a \$1.00 to the Receptionist. 100% of proceeds go to resident's activities.

Fri - Sept. 30 - The Villas' County Fair & Exhibition - Bring in your best jellies, jams, baked goods, photographs, sewing talents, prized vegetables and more to the Annual Villas' County Fair & Exhibition. Submit entries by Sept. 29th by 9 a.m. to the Fair Committee. There will be AWARDS! See flyers for info. We will also be serving up tempting Fair Fare of Cotton Candy, Elephant Ears & the like so come & join us!! It's County Fair & Jeans day, so should you participate in Casual Friday, please forward a \$1.00 to the Receptionist. 100% of proceeds go to resident's activities.

Other activities: 9/1 Game Nite in the Commons; 9/8 Ceremugas 7pm; 9/12 Canine Connection to Love; 9/15 Kinsman Amish Youth Group 6:45pm; 9/19 Happy Volunteers 7pm; 9/22 Zac Markley 7pm; 9/26 Entertainment in the Commons; 9/29 Neighborhood Movies.

Caring Hearts for July 2011

Thanks to the Orchards Staff (Housekeeping, Nursing, Dietary, and others). You all show love to the residents each and every day. Thanks for being you! Our resident's love you and want you to know they appreciate you!

Thanks to the C.N.A.'s in training for all your help at the Orchards Family Picnic! - The residents

Thanks to all the Activity Staff for all you do! For helping, setting up, preparing food, taking residents down and so much more! You are the best co-workers a girl can ask for! - Love you all, Dianna

Thanks to Audrey, Ron, and Glenn Bates for stopping to help me out on Saturday! I appreciate your mechanical knowledge. Who knew banging on the hood could pop it open? - Mimi

Thanks to the Activity staff for the kind gesture of sharing an ice cream treat with me on 7/1/11. What a nice, unexpected surprise. You are always so thoughtful. - Tammy

Thank you, thank you, thank you to all the wonderful girls on the first floor who so readily bring us our beauty shop gals, you are appreciated. - The Beauty Shop Staff

Thanks to the Environmental Services staff for all your help before, during and after the picnic. We really appreciate all you do ! - Activities staff

Thanks to Tom Luckock and his son Brady for cooking our corn on the cob for the Annual Family Picnic! We couldn't have enjoyed it without you! - Activities Staff

Thanks to Rose Hoffman and the Volunteers for your support with the picnic and so many other activities, events, and daily needs! We couldn't do it without you! - Activities Staff

Thank you to the Food Service staff for the delicious Country cookin' for the family picnic! - Activities Staff

Thanks to Samantha (Cece's daughter) for your help on Saturday, July 2nd for our Grandma's birthday party. You were a BIG HELP setting up. My family thought you were very nice and helpful. I saw how you enjoyed helping with the babies. Thank you so much. - Lucy Wheaton and family

Thanks to our super St. Paul's Activity Staff! Mariah, Linda, Roxanne, Jenny, Vicky, Audrey, Missy, Dianna, Stephanie, Becky, Lois, Bev, Judy, and Maria - you all do an awesome job! It's great to see the talents and skills you have pulled together for special events!. - Mimi

Annual Jamestown Community Parade Saturday, September 10, 2011 - Parade Start Promptly at 1:00 p.m.

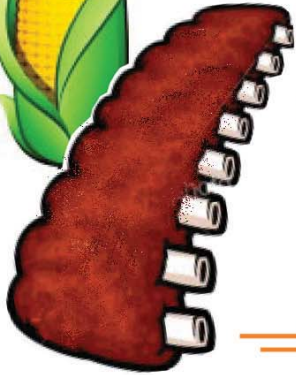
St. Paul's will once again participate in the Annual Jamestown Community Parade. This year's theme will be Country Hoe Down. Residents will be chosen to ride on the float from each location. Any staff member who would like to participate and represent St. Paul's, please see Linda Davis.

Also, candy is needed for the residents to pass out on the parade route. Anyone who would like to donate candy, please see Kathy Murphy at the Keifer Building. We are asking for individually wrapped candy, no chocolate please.

WATCH FOR US AT THE PARADE!!

ST. PAUL'S 14TH ANNUAL

CAR CROUISE!



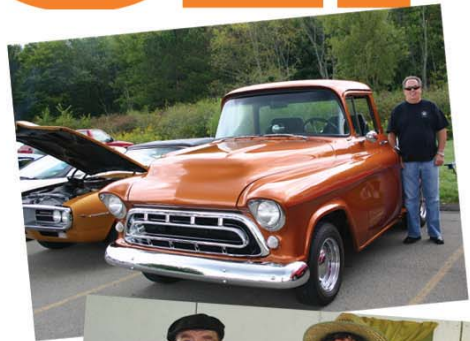
*Coollest Corn Roast!
Russ' Famous Ribs!*

GREAT FAMILY FUN!

CARS! CARS! CARS!

**THE AMAZING
CRAFT VILLAGE!**

Plus



DJ - FROGGY'S REMOTE - CHINESE AUCTION!

**SUNDAY, SEPTEMBER 11TH
FROM 2PM - 6PM**



ST. PAUL'S

A Continuing Care Community

339 E. Jamestown Rd. Greenville, PA 724-588-7610 www.lifeatstpauls.org

Lavendar Craft



Joe's Garden



Liz, The Cookie Lady



The Colony August Birthdays



Pictured left to right are:

- Heddy Beatty*
- Dale Beatty*
- Marguerite Werner*
- Shirley Durney*
- Dolores Johns*
- Katie Reinhart*

Liz McClelland has always enjoyed the tradition of baking cookies so much so that she baked dozens and dozens of cookies for her husband to take to Oakes and McClelland Co. for employees and customers alike to enjoy. Lately, Liz has been unable to do much baking so employee Jessica Barnett and Liz's daughter-in-law Sandy helped Liz make cookies for staff and residents. The was a very special day for Liz, Sandy and Jessica to spend time baking. By the end of the day, all were covered with flour. Thanks to Jessica and Sandy for helping to brighten up Liz's day.