

Campus Connections

St. Paul's

October 2011

Campus Information

Pages 1 - 7

Special Event Pictures
Pastor's Message and
Scriptures



St. Paul's 14th Annual Car Cruise



"Colony Columns" The Colony News

Page 8

News & Notes
Birthdays
Upcoming Events



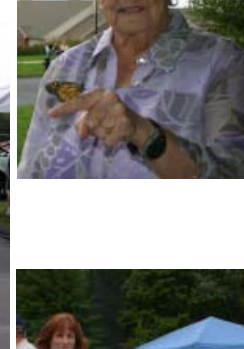
"The RidgeRunner" Ridgewood News Pages 9 - 10

October Activities
Senior Corner
Birthdays



"The Heritage Herald" Heritage News Page 11

Heritage Highlights
Birthdays



"House Chatter" News from The Villas Pages 12 - 20

August Caring Hearts
Menus
October Special
Events
October Movie List



St. Paul's 14th Annual Car Cruise



Housekeeping Appreciation Day



Walk to End Alzheimers





**National Assisted Living Week
The Heritage &
The Ridgewood**

The Ridgewood and The Heritage celebrated National Assisted Living "Forever Proud" Week Sept. 11-17th. Residents and Staff showed pride by displaying items that they were most proud of; their family, their Heritage, their Community, their Country and their Home. We enjoyed Ethnic food from various backgrounds and enjoyed many other fun activities and entertainment throughout the week. Thanks to all residents, staff and family members who decorated, cooked, dressed up, displayed photos or showed pride in any way!



A Message from the Pastor

Dear Friends of St. Paul's:

As we listen to the Gospel lesson on October 16th from Matthew 22, we will hear the Pharisees ask Jesus a trick question. They asked him if it was lawful to pay taxes to the emperor, or not? Jesus did not get caught in their trap. He was wise enough to avoid angering both the Pharisees and the Herodians. He used one of the Roman coins to illustrate his answer. Every piece of money that we handle has the words, "*In God We Trust*," embossed on it. Now I ask, what is not a trick question, "Do you believe that?" Do we act as if we really do trust God? The recent Old Testament lessons that we have been using show that the people of Israel did not trust that God would get them safely from slavery in Egypt through the wanderings in the wilderness and into the Promised Land! They were often fearful and complaining people. But everything turned out alright for them. God remained with them. God provided for them. God even gave them some rules that enhanced their ability to live in better relationships with one another. Oh, they still had problems, but God was with them through everything. God proved to be trustworthy, even in the midst of their doubt.

Can we learn something here? How often do we fail to put our trust in our God? It is easy to focus on ourselves and to become overwhelmed by the stresses and demands of our daily lives. I pray that we can remember who we can trust to help us. The one who supports us is the one we can trust. The one who walks beside us is the one whom we can trust. Wouldn't it be great if we could remember those words every time we handle a coin or a piece of paper currency. "In God We Trust!"

With God's Love, Pastor Glenn

Special Memorial Service

On All Saints Day, Nov. 1, we will hold our annual Memorial Service to remember all St. Paul's residents who have died in the past year. We will meet at 6:30 p.m. in The Villa's Friendship Commons. All members and friends of deceased residents are invited to worship together that evening.

Worship Schedule and Scriptures for October 2011

9 a.m. The Heritage Fellowship Hall and Channel 6; 10 a.m. The Villas FrC and Channel 11; 11a.m. The Ridgewood Harmony Hall.

October 2, 2011 World Communion Sunday

The Sacrament of Holy Communion will be shared with all who desire it.

Scriptures: Exodus 20:1-4, 7-9, 12-20; Psalm 19; Philippians 3:4b-14; Matthew 21: 33-46

The Rev. Glenn Sadler will lead all three worship services.

October 9, 2011 Seventeenth Sunday after Pentecost

Scriptures: Exodus 32:1-14; Psalm 106:1-6, 19-23; Philippians 4:1-9; Matthew 22:1-14

The Rev. Glenn Sadler will lead all three worship services. St. Paul's choir will sing at the 9 a.m. service

October 16, 2011 Eighteenth Sunday after Pentecost

Scriptures: Exodus 33:12-33; Psalm 99; 1 Thessalonians 1:1-10; Matthew 22:15-22

The Rev. Bill Kirker will lead all three worship services.

October 23, 2011 Nineteenth Sunday after Pentecost

Scriptures: Deuteronomy 34:1-12; Psalm 90:1-6, 13-17; 1 Thessalonians 2:1-8; Matthew 22:34-46

The Rev. Dr. Ray Brugler will lead the 9:00 a.m. worship service

The Rev. Glenn Sadler will lead the 10:00 and 11:00 a.m. worship services.

October 30, 2011 Twentieth Sunday after Pentecost

Scriptures: Joshua 3:7-17; Psalm 107:1-7, 33-37; 1 Thessalonians 2:9-13; Matthew 23:1-12

The Rev. Glenn Sadler will lead all three worship services. St. Paul's choir will sing - 10a.m. service.

Leaving a Legacy: Points to consider in planning an estate

For a Limited Time Only!!! There is still time to take advantage of the IRA Rollover provisions in making a gift to St. Paul's.

If you are at least 70½ or older, you may directly transfer funds from your IRA account to St. Paul's as a donation and not pay the taxes normally due on a distribution from an IRA. These provisions are in effect through December 2011. The donated funds count toward your minimum annual withdrawal and up to \$100,000 may be given in this manner.

Monies deposited into a traditional IRA account have never been taxed, and normally taxes are due when the funds are withdrawn. This gift must be a direct transfer from the IRA custodian to the charity and may **not** be used to fund a life income plan such as a charitable gift annuity nor may it be used to fund a donor-advised fund nor a supporting organization. For additional information, please contact the Development Office at St. Paul's.

Mark Your Calendars **** St. Paul's Auxiliary Annual Bazaar And Craft Show

Are you starting to think about Christmas and beginning to stress already about what you're going to get the special people in your lives this year? No worries!! The St. Paul's Auxiliary Bazaar and Craft Show Crafters is the solution to all of your shopping needs. Crafters have been working hard planning and making crafts for this year's Bazaar and Craft Show. This year's Craft Show is a week earlier than last year, slated for **Friday, November 4th** in The Villas at Friendship Commons. Crafters are now meeting every Tuesday in October from 9:00 a.m. until 11:00 a.m. on the 4th Floor Terrace of The Heritage.

We are gladly accepting any donated crafts to sell or items to use in our Chinese Auction Raffle baskets. All proceeds from the Bazaar and Craft show benefit the residents at St. Paul's!! If you are interested in donating items or have any questions, please call Rose Hoffman, Director of Volunteer Services, at 724-588-9613, Extension 1135.

We look forward to another wonderful year including lots of crafts, delicious food, fantastic bake sale, Chinese Auction, raffles and lots of fun!!!

The 2011-2012 Flu Season has arrived!



Each year experts from the CDC and other institutions around the world gather to determine which viruses should be selected for this year's seasonal flu vaccine. This year the vaccine is a three-component vaccine with each component selected to protect against one of the three main types of influenza viruses circulating in humans.

This year's vaccine contains the same 3 components as last year's vaccine. Individuals must be revaccinated each year as the immunity decreases over time.

Influenza may occur at any time, but is seen mostly from October through May. The peak months are January and February.

Who should get vaccinated? According to the CDC, all individuals ages 6 months and older should get a yearly flu vaccine. Younger children, individuals over the age of 65, pregnant women and those with certain health conditions such as heart, lung, kidney disease or those with a weakened immune system are at a higher risk as they can become much more ill.

Anyone can get the flu, but the rates of infection are highest among children. Symptoms usually last only a few days. They may include: Cough, sore throat, runny nose; headache, muscle aches, fatigue; fevers/ chills.

The best protection is prevention. It takes up to 2 weeks for protection to develop after the vaccine. Protection lasts about 1 year. Please see your physician or health care provider for more information regarding the seasonal flu vaccine.



“COLONY COLUMNS”

The Colony News



News And Notes

Women’s Book Club - Wednesday, Oct. 19, 2 p.m. in the Keifer Social Room. The book for October will be *Daughter of Fortune* by Isabel Allende. The book for November will be *The Middle Heart* by Bette Bao Lord.

Bridge Group - Meets weekly on Saturdays, 1 p.m. in the Keifer Social Room. A weekly sign-up notebook is located on the counter by the mailboxes.

October Birthday Celebration - Will be held on Wednesday, Oct. 5, 2 - 3 p.m. in the Keifer Social Room. Everyone is welcome. Come celebrate, have birthday cake & ice cream with your friends and neighbors!

Coffee Klatch - Will be held Wednesday, Oct. 12, 9:30-11:30 a.m. in the Social Room. Come enjoy some delicious pastries while waiting for your mail.

Movie Nights - Will be Thursday, Oct. 13th & Monday, Oct. 24th. The Oct. 13th movie will be “October Sky” starring Jake Gyllenhaal and Laura Dern. The Oct. 26th movie will be “Jack” starring Robin Williams, Diane Lane, Jennifer Lopez and Bill Cosby.

Librarian Schedule:

- October 2 - Heddy Beatty
- October 9 - Julie Graham
- October 16 - Jean Ogawa
- October 23 - Jean Simmons
- October 30 - Pat Houpt

October

- 02 ~ Clint Appleby
- 03 ~ Arlene Sadler
- 07 ~ Dee West
- 15 ~ Maggie Headland
- 16 ~ Nola McGranahan
- 19 ~ Mary Ellen Dart
- 22 ~ Ray Brugler
- 22 ~ John Rust
- 23 ~ Lucy Shaffer
- 31 ~ Autumn Colby
- 31 ~ Mildred McLaughlin

November

- 09 ~ Jim Shaffer
- 11 ~ Wink Weikal
- 15 ~ Helen Nichols
- 16 ~ Larry Cochran
- 16 ~ Jim Weyman
- 26 ~ Jane King
- 28 ~ Nancy Appleby
- 29 ~ Jack Brown



Upcoming Events

- Oct. 1 - Sundance Arena Rodeo
- Oct. 4 - Shopping at Grove City Outlets
- Oct. 7 - Friends of Music
- Oct. 4 & 18 - 10 a.m. - Noon - Free Blood Pressure Screening with VNA Alliance at the Keifer Building
- Oct. 10 - Colony Fall Breakfast
- Oct. 17 - Visit Volant
- Oct. 18 - Game Night & Craft
- Oct. 19 - Movie Special on Migration
- Oct. 21 - Social Committee Dinner
Amish Youth Singers
- Oct. 25 - Colony Puzzle Contest
- Oct. 27 - Colony Pumpkin Carving & Decorating Contest
- Oct. 29 - Greenville Symphony
- Oct. 31 - Happy Halloween
- Nov. 1, 15 & 29 - 10 a.m. - Noon - Free Blood Pressure Screening with VNA Alliance at the Keifer Building
- Nov. 8 - Election Day
- Nov. 24 - Happy Thanksgiving



Mission: To improve the well-being of residents and those who care for them by transforming the communities in which they live and work.

Vision: To eliminate loneliness, helplessness, and boredom.

October Activities

- October 2**
10:00 Catholic Mass at The Villa's
- October 3**
12:00 Dining Room Seating Change
1:00 Fall Craft with Nancy Manning (HH)
2:30 Start of Wii Bowling League
- October 5**
3:45 Hymn Sing with Janet Espey
- October 6**
2:30 Eden Family Gathering
7:00 Greenville Photography Club (HH)
- October 7**
10:30 Wii Golf in Harmony Hall
11:00 Crossroads Quilt Show and Luncheon
12:00 Buffet Lunch in Dining Room
- October 8**
2:00 Bingo
- October 10**
9:00 Nails & More
2:00 Puzzles with Jim in North Park
2:30 Wii Bowling
6:30 Ed, Sandy & Joan Entertain
- October 11**
1:30 Food Committee
- October 12**
2:30 Resident Council
- October 13**
10:00 Bible Study
2:30 Indoor Plant Watering
- October 15**
7:00 Men's Breakfast in Harmony Hall
- October 16**
3:00 Ice Cream Cart
- October 17**
2:30 Organ Music with Barb Lloyd
- October 18**
1:30 500 Card Party
- October 19**
3:45 Hymn Sing with Janet Espey
3:00 Resident Walking Time
- October 20**
6:30 Activities Bucks Shopping
- October 21**
10:30 Montana Steak House Lunch
1:30 500 Card Party
- October 22**
11:15 Music, Music, Music (HH)
- October 23**
5:30 Special Dessert w/Hope, Shirley, Dave 7

THE RIDGERUNNER

Ridgewood News

October 24

- 2:30 Wii Bowling
7:00 Happy Volunteers



October 25

- 4:00 Social Hour

October 26

- 4:00 Reynolds Key Club - Trick or Treat for Unicef - Open door if you want to donate.

October 27

- 2:30 Music with Todd Cutshaw

October 28

- 1:30 500 Card Party

October 29

- 11:00 Greenville Halloween Parade - Pizza & Hot Chocolate Served on Bus

October 31

- 2:30 Wii Bowling
5:00 Halloween Dress Up



Transportation Reminder

In order to better serve transportation needs, please let the receptionist know of your needs **preferably 48 hrs. in advance**. We ask that all residents be ready and waiting in the lobby ½ hour before their appointment time unless otherwise notified. Each pink Appointment Reminder Slip has this same request noted on the bottom of the paper to serve as a reminder.

Respite Stays

The Ridgewood welcomes residents for Respite Stays (short term stays). Respite stays offer caregivers support by providing a place for their loved ones to stay while they are away or taking a needed break. Respite stays include a private apt. and assistance with daily activities. For more information call The Ridgewood at 724-588-7610.

Ridgewood Residents

Please remember to sign out if you're stepping outside. Even though you may just be sitting outside we need to know if you're not in the building. This is an important task to insure your safety in case there is a fire or tornado.

Resident of the Month: Pauline Arbuckle

Pauline was born and raised in Cochran in French Creek Township. She Married Gene Arbuckle and was married for 62 years. They had 4 children, two sons, Richard and Randy, and two daughters, Sharron and Donna. She and her siblings were on the Meadville radio station when they first started and entertained on there for several months. Pauline enjoys singing and listening to music. She also likes to play 500 and put puzzles together. Pauline likes watching western movies and the television shows Gunsmoke and M.A.S.H. If Pauline was to choose a favorite book to read it would be a romance or a western novel. Pauline's favorite thing to bake was pies on Saturdays for Sunday's family dinner. We welcome Pauline to our Ridgewood family.

Resident Birthdays:

October 12 - Dorothy Christman

October 19 - Virginia Blair

Staff Birthdays:

October 23 - Paula Gearhart



Poetry corner:

Trick-or-Treat is all you hear,
kid's running around yelling "look what I got!"
Ghost yell "Boo! I scared you!",
teens scaring little kids by saying
"They're gonna get you."

There's a full moon tonight,
the monsters come out and play.
Black cats and bats are all over in the night,
you better not cross through the grave yard today.

Pumpkins glowing through the night,
fog covering the glow of the moon.
Teens saying "they are very near."
and all kids get very scared.

Run run as fast as you can,
through the night.
Only seeing by the glow of the moon,
hearing laughs of the cruel dead ghouls.

Doors shut,
parents say good night.
Now you just have to wait,
for next Halloween Night.

Senior Corner: Fall is a time for transition from summer to winter. It is a time to focus on our health in preparation for the cold days to come. Changes in weather and temperature will, one way or another, affect our body's resistance to diseases and infection. That's why, as early as today, we must do something to make our immune system stronger.

First of all, don't let the cold breeze stop you from being active or from getting enough rest. Get plenty of sleep at night and get on with your exercise routine during the day. If you do not have one, now is the best time to start. You can either go outdoors on a fine Fall morning or stay indoors with a couple of home exercises at least 3 times a week.

Another thing that you have to watch out for is your diet. All the seasonal foods that you can find in the grocers or buy from your local farmers are sure to satisfy your cravings for hearty meals. They're not only cheap, they're also fresh and packed with nutrients that will nourish your body.

Robin's Blue Nest suggests the following foods that should be taken especially during the Fall season because they help to build immunity, stay off infectious disease and help with digestion.

Burdock Root : A nutritive tonic, balances blood sugar levels, reduces degenerative processes and improves skin conditions. Burdock tea is sold in all natural and whole food markets.

Dandelion Root: Chopped or grated into a salad, this dried herb aids in digestion, tones spleen, kidneys and gallbladder and aids with allergies by lowering histamines.

Mushrooms: Mushrooms are immune modulators. They are an antioxidant, an anti-viral and some believe them to prevent cancer. The Shiitake, Enoki, King Oyster, Chicken in the Woods, Chanterelles, Morel, Lobster, Oyster, Porcini and Portabello mushroom are just to name a few, and all can be found in most neighborhood grocers and whole food markets. Even the common Button mushroom has healing and supportive qualities.



THE HERITAGE NEWS

- Sat October 1**
12:00 Dining Room Seating Change
- Mon October 3**
6:30 Canine Connection to Love
- Thu October 6**
1:00 Zion's Friendship Circle
Members will Meet
- Fri October 7**
7:30 - 9 a.m. Men's Breakfast
- Mon October 10**
10:00 Golf Outing at The Greens
- Thu October 13**
4:30 Wine Cart will Visit each Dining Room
- Sun October 16**
2:00 Codie, Therapy Dog, will Visit
- Mon October 17**
6:30 Ed and Sandy Ceremuga and Joan
Wentling will Entertain
- Fri October 21**
2:30 October Birthday Celebration
- Sat October 22**
7:00 Coffee and Dessert Night (FH)
- Mon October 24**
11:00 Bingo Bucks Shopping
1:00 Colorful Nails (3rd and 4th Floor)
- Wed October 26**
2:30 Resident Council to Meet
4:15 Reynolds Key Club will Trick or Treat
for UNICEF
- Thu October 27**
3:30 Social Hour and Music by Todd
Cutshaw in Fellowship Hall
- Fri October 28**
Spooktacular Lunch and Costume Party
4 - 5:00 Children will Trick or Treat at
The Bistro
- Mon October 31 - Happy Halloween**
Wear black and orange or pumpkins
today!



Julia Aszalos
Beatrice Bell
Leah Helbig
Dorothy Helstern
Marsue Samol
Charlotte Sherman
Alice Waitkunas

Happy Birthday

October 24
Mildred Rauch

October 25
Beatrice Bell

PLEASE NOTE - The front doors of The Heritage are locked at 9 p.m. every night. Anyone coming in after that time will need to ring the doorbell for staff assistance to enter the building.

Livingood Guest Apartment

The Livingood Guest Apts are located in The Heritage and provide sleeping accommodations for 2-4 people along with a kitchenette, television and telephone service. Fees are \$60.00 per night. Fees for visitors who are not connected to St. Paul's are \$75.00 per night. Guests are welcome to enjoy several dining areas on campus for a minimal cost. To reserve a Livingood Guest Apt please call Marilyn Moore at 724-588-7610 ext. 1146.

Weekly Trips to Shenango Valley - The Mercer County Transit offers trips to Shenango Valley (Mall, restaurants, downtown, etc.) every Friday for \$1.00 per stop for interested residents. See Linda Davis for details.

Heritage Costume Party- All residents and staff are encouraged to dress up in their favorite Halloween costume on Friday Oct. 28th. We also are planning a Spooktacular Resident Luncheon to be held in Fellowship Hall during the noon meal. Hope to see you there!

Trick or Treat- Children will be here from 4-5pm that evening to Trick or Treat at The Bistro. Interested residents are welcome to pass out candy treats at that time.

Notice: When taking your loved one out of The Heritage, please remember to sign out when leaving and sign in when returning. There is a sign out/in sheet at each nursing station on 2nd, 3rd, & 4th floor as well as one at the receptionist desk on 1st floor. This is important for the staff to know in case of emergency so every resident can be accounted for.



THE HOUSE CHATTER

News From The Villas



Guest Meals for Family & Friends

We welcome family members and friends to share a meal with our Villas' residents. There are just a few things that you must remember when ordering these meals:

1. Purchase a "guest meal" ticket from the receptionist.
2. Your meal will be the "main" meal. An alternate will not be provided.
3. The dietary dept. would appreciate 24 hours notice so enough meals have been prepared to accommodate our residents and their guests.

The Bistro Gift Shop Hours

Daily: 12:00 - 4:00 p.m.
Wednesday: 9:00 a.m. - 4:00 p.m.

The Bistro features specials every day. Available will be soups, sandwiches, salads, cold drinks, coffee and our specialty - 3 delicious flavors of cappuccino to pick from. Stop in for an early morning cappuccino and pick up your Bistro special card. Every time you buy a cappuccino get your card punched, when you have all 9 cups punched, get your 10th cup free!

Just a Reminder

Resident Council meets the third Tuesday of each month at 10:15 a.m. **ALL** Villas residents are invited to attend these monthly meetings

DSL Internet Access Now Available

High speed DSL Internet access is available in the resident rooms of The Villas, The Ridgewood, and The Heritage. The service includes unlimited access to the Internet and e-mail account. The DSL service will not tie up your phone and allows you to make and receive calls while you are online. The DSL service will cost \$20.00 per month. Contact Brandon Busch at 724-588-9613, ext. 1222 for more details and system requirements.

New Residents

Gloria Bardella	Carl Mason
Esther Crawford	Erla Maxwell
Marion Donner	John Maxwell
Leonard Heasley	Ralph Ohle
Kathryn Hittle	Judy Poole
Mildred Hittle	Shirley Shannon
Richard Huhn	Daniel Sherman
Marian Jordan	Fred Smith
Harriet Luciani	Lenora Wesley
Marty Marini	

Discharged Residents

Alberta Brown	Robert McDonald
Alan Endicott	Ada Milliken
Clifford Harriger	Carolyn Morian
Peggy McClelland	Barbara Powell
Margaret McCormick	Fred Smith

In Memory

John Baird	Dorothy Fike
Marilyn Baxter	Ruby Heasley
Dorothy Busch	Marjorie Sarazen
Benjamin Eddy	Marian Willaman

Happy Birthday

- Oct. 1 - Margaret Lewis
Shirley Yoder
- Oct. 2 - Mary Gould
- Oct. 4 - Geraldine Burdett
- Oct. 5 - Selma Freytag
- Oct. 6 - Gilbert Meltsner
- Oct. 10 - Bernice Jones
- Oct. 11 - Sarah Perry
- Oct. 13 - Mary Surrena
- Oct. 18 - Patricia Risavi
- Oct. 19 - Rhoda Mae Fertig
Angelena Kerfoot
- Oct. 22 - Marie Russo
- Oct. 23 - Alice King
- Oct. 24 - Dorothy Jennings
- Oct. 25 - Holly Dodge
- Oct. 29 - Frances Reimold
- Oct. 31 - Mabel Frey



Caring Hearts for August 2011



The Villas

Sarah Alabran	Davina Anderson	Frank Anthony	Jessica Baker	Shirley Barry
Deb Benedetto	Louise Besser	Kim Bielobocky	Nancy Bielobocky	Sarah Black
Cindy Blanton	Amanda Boggs	Judy Bowser	Ruth Brightwell	Leanne Brown
Stephanie Brown	Deb Calenda	Cindy Clawges	Sam Clevenger	Christina Coe
Becky Collingwood	Lori Cox	Becky Davis	Jenn Davis	Sean Davis
Shelby Doebereiner	Kara Doddo	Mimi Dreher	Marie Duell	Rachel Elliott
Heidi Emerick	Jen Emig	Holly Everson	Terry Foster	Penny Freeman
Shelly Gansca	Patty Gardner	Tammy Gearhart	Stephanie Gordon	Fred Graham
Jamie Graham	Tiffany Greco	Joan Heasley	Jodi Hereford	Doug Heverly
Nan Hirschman	Nikki Hites	Pat Hittle	Sam Hoffman	Joy Huston
Melanie Jackson	Janet Jones	Tina Jones	Tiffany Kapp	Katherine Kerr
JR King	Jessie Krafcheck	Linda Kramer	Lisa Kunselman	Jenny Lambert
Kim Legg	Michelle Lengacher	Brittany Little	Paula Lucas	Tom Luckock
Linda Marshall	Dave Mazurkewiz	Sue McConnell	Terri McGarvey	Thomas McGary
Joyce McGuire	Brittany Meyerl	Janet Miller	Dianna Mills	Casey Misavage
Pat Mowery	Marilyn Odille	Mary Ann Palmer	Ashley Parish	Ashley Payne
Cayla Perry	Kristen Rader	Joyce Rauscher	Lucinda Rayman	Sheila Reiser
Ashley Riley	Judy Roberts	Tabatha Roberts	Patti Schuster	Janet Shearer
Jessi Shearer	Nikki Shearer	Marissa Shipton	Kim Shrock	Michelle Smith
Deb Stephens	Johanna Tribley	Ashley VanKirk	Joan Wells	Lucy Wheaton
Christine Yoder	Mary Zarecky			

The Ridgewood

Carole Bothum	Joan Horak	Heather Kellner	Tessa Pudney	Jean Smith
Cindy Veado	Don Watt			

Special Thanks

Special thanks to Adele Lehosky for helping at resident breakfast. - Ashley

Special thanks to Anka Manak for helping another resident at breakfast. - Ashley

To all the staff who worked 8/14/11 - Stephanie and Judy would like to give a big THANK YOU to all who helped take residents to church and return them to their rooms so promptly on Sunday, August 14th. It was such a smooth transition and we appreciate it as do the residents. A job well done! - Thanks again, Judy and Stephanie

Thanks to all the Willows Staff. I will miss working with all of you. Thanks, Sue for everything you do to make even the hardest days go by easy. You are all great co-workers! - Nikki

Thanks to everyone who helps serve breakfast and lunch in the Gardens. - Barb

Thanks to Gardens B staff for making my transition to Gardens afternoons a good one! You are all great and I'm happy to work with you all! - Thanks, Nikki

Thanks to the Housekeeping staff for another wonderful summer! You are so great and I look forward to working with you again. - Margaret



Families and friends may eat with residents for the following prices: Breakfast - \$3.50; Dinner - \$5.00; Supper - \$5.00 Contact the Dietary Dept. to make reservations. The Dietary Dept. would appreciate at least 24 hours advance reservations from family/friends who plan to dine with residents. In this way, they can ensure proper quantities of food are prepared. **Thank you.**

Noon Meals - October 2011

Sat	October 1	Garden Salad, Lemon Sage Chicken, Bowties/Alfredo Sauce, Italian Green Beans, Ice Cream
Sun	October 2	Tomato Slices, Pork Chop, Stuffing, Mashed Potatoes, Broccoli, Cherry Cheesecake
Mon	October 3	Garden Salad, Crispy Baked Chicken, Baked Potato w/Sour Cream, Roasted Squash, Orange Ambrosia
Tue	October 4	Lettuce/Onion Salad, Roasted Vegetable Lasagna, Corn on the Cob, Chocolate Chip Cookie
Wed	October 5	Confetti Vegetable Salad, Orange Glazed Pork Loin, Haluski, Peas/Onions, Vanilla Graham Cracker Pie
Thu	October 6	Vegetable Gelatin Salad, Stuffed Green Pepper, Mashed Potatoes, Carrots, Sherbet
Fri	October 7	Cole Slaw, Fish, Red Roasted Potatoes, Sugar Snap Peas, Butterscotch Pudding
Sat	October 8	Spinach Salad/Hot Bacon, Swedish Meatballs, Noodles, Butter Beans, Peaches
Sun	October 9	Mixed Greens Salad, Italian Roast Beef, Parslied Potatoes, Green Beans, Butterscotch Cream Pie
Mon	October 10	Cinnamon Applesauce, Meat Loaf, Mashed Potatoes, Corn, Oatmeal Raisin Cookie
Tue	October 11	Waldorf Salad, Crispy Baked Chicken, Noodles, Sugar Snap Peas, Chocolate Ice Cream Sundae
Wed	October 12	Cole Slaw, Herb Rubbed Fish, Au Gratin Potatoes, Baby Carrots, Apple Crisp
Thu	October 13	Tossed Salad, Hamloaf, Whipped Sweet Potatoes, Buttered Cabbage, Gingerbread w/ Caramel Topping
Fri	October 14	Marinated Cucumber Salad, Basil Chicken, Baked Potato, Broccoli/Cauliflower, Brownie
Sat	October 15	Vegetable Gelatin Salad, Citrus Marinated Pork Loin, Oven Roasted Potato Wedge, Lima Beans, Cherry Cheesecake
Sun	October 16	Garden Salad, Stuffed Chicken Breast, Mashed Potatoes, Baby Carrots, Apple Pie
Mon	October 17	V-8 Juice, Rotini w/Meat Sauce, Garlic Toast, Corn, Chocolate Chip Cookie
Tue	October 18	Mixed Greens, Chicken Kiev, Mashed Potatoes, Sugar Snap Peas, Peach Upside Down Cake
Wed	October 19	Relish Tray, Hamloaf, Candied Sweet Potatoes, Cauliflower w/Pimentos, Key Lime Pie
Thu	October 20	Cole Slaw, Pot Roast, Roasted Potato, Baked Squash, Banana Split
Fri	October 21	Garden Salad, Chicken Pie, Mashed Potatoes, Broccoli w/Cheese, Cream Puffs
Sat	October 22	Vegetable Gelatin Salad, Meat Lasagna, Garlic Toast, Sugar Snap Peas, Sherbet
Sun	October 23	Cranberry/Raspberry Gelatin, Turkey, Mashed Potatoes, Succotash, Vanilla Graham Cracker Pie
Mon	October 24	Spinach Salad w/Hot Bacon Dressing, Chicken Supreme, Hash Brown Casserole, Broccoli, Peanut Butter Cookie
Tue	October 25	Garden Salad, Spaghetti & Meatballs, Garlic Toast, Green Beans, Peach Crisp
Wed	October 26	Cole Slaw, Fish, Home Fried Potatoes, Roasted Squash, Lemon Pudding Cake
Thu	October 27	Vegetable Gelatin Salad, Hot Roast Beef Sandwich, Mashed Potatoes, Lima Beans, Sugar Cookie
Fri	October 28	Mixed Greens, Stuffed Cabbage, Mashed Potatoes, Hubbard Squash, Pumpkin Cake
Sat	October 29	Broccoli Salad, Caesar Chicken, Noodles, Corn, Sherbet
Sun	October 30	Glazed Ham, Whipped Sweet Potatoes, Malibu Mixed Vegetables, Peach Pie
Mon	October 31	Tossed Salad, Vegetable Lasagna, Garlic Toast, Broccoli, Cherry Cake

Special Event Reservations: If you wish to reserve the Private Dining Room or the Friendship Commons for family affairs, contact Robyn Weaver at ext 1173.

THE VILLAS' ALL - HOUSE ACTIVITY SCHEDULE

■ In addition to the following schedule of Monthly Activities and Special Events, Neighborhood Activities will be planned to reflect interests within each individual neighborhood. Eden Gatherings and Activities will be included in the Neighborhood Happenings as well as those determined by the Residents Eden family. Music, Crafts, KIT, Manicures/Colorful Nails, Exercise or Physical Activity/Games, Baking/Cooking or Snack Making, Entertainments, Community Outing, Homecare, Outdoor and Companionship Opportunities will be offered in the planning process.

■ Personal Leisure Activities that are meaningful to be determined and coordinated with individual residents.

■ Daily: Movies played on Channel 11 at 10 a.m. & 2 p.m. and every Friday at 7 p.m. unless spiritual services or other programs are being broadcast at that time from FrC.

■ Week-End Activities at various times throughout the building.

Sat October 1 - International Day of Older Persons

2:00 Bingo

Sun October 2 - Guardian Angels Day

10:00 Church Service

2:00 Movie for the Neighborhoods

Mon October 3 - World Habitat Day

10:00 Southern Care Activity

2:00 Bingo Bucks Exchange

7:00 Ceremugas

Tue October 4 - Character Counts Day

2:00 500 Bid (Golden Willows DR)

7:00 Bingo

Wed October 5 - Balloons Around The World Day

10:00 Euchre on Orchards

10:00 Mass

2:30 Hymn Sing

6:30 Mid Week Service

Thu October 6 - Mad Hatter Day

10:30 Rosary

2:00 Bible Study

2:00 500 Bid (Golden Willows DR)

7:00 Amish Singers

Fri October 7 - Scare a Crow & Jeans Day

Make Scarecrows & Caramel

& Candy Apple Bites in the Neighborhoods

10:00 PEER Graduation

7:00 Friday Nite Movie

7:00 Yom Kipper Begins

Sat October 8 - Universal Music Day

2:00 Bingo

Sun October 9 - National Chess Day

10:00 Church Service

2:00 Movie for The Neighborhoods

Mon October 10 - Columbus Day

10:00 Annual Golf Outing at The Greens

2:00 Scrabblers (Willows A Dining Room)

7:00 Canine Connectin to Love

Tue October 11 - National Face Your Fears Day

6 a.m. Coffee Cart & Breakfast Goodies

6 a.m. Villas Newsbits

2:00 500 Bid (Golden Willows DR)

7:00 Bingo

Wed October 12 - Old Farmers Day

10:00 Euchre on Orchards

2:30 Hymn Sing

6:30 Mid Week Service

Thu October 13 - Navy Day

10:30 Rosary

2:00 Bible Study

2:00 500 Bid (Golden Willows DR)

7:00 Entertainment in the Commons

Fri October 14 - Wear Something St. Paul's & Jeans Day

2:00 St. Paul's - Highlights of History

7:00 Friday Nite Movie on Channel 11

Sat October 15 - Sweetest Day

2:00 Bingo

Sun October 16 - Dictionary Day

10:00 Church Service

2:00 Movie for The Neighborhoods

Mon October 17 - Bosses Day

2:00 Recipes with Russ

7:00 Happy Volunteers

Tue October 18 - Share a Recipe Day

9:45 Food Committee Meeting in FrC

10:15 Resident Council Meeting in FrC

10:00 Marbles the Cat

2:00 500 Bid (Golden Willows DR)

7:00 Bingo



Wed October 19 - Evaluate Your Life Day

10:00 Euchre on Orchards
2:30 Hymn Sing
6:30 Mid Week Service

Thu Oct. 20 - Support Your Neighborhood Day

10:30 Rosary
2:00 Bible Study
2:00 500 Bid (Golden Willows DR)
7:00 Kinsman Amish Youth Group in FrC

Fri October 21 - Cute As A Button & Jeans Day

12:00 Button Box Music
12:00 Social Luncheon: Cute as a Button!
7:00 Friday Nite Movie on Channel 11

Sat October 22 - Make a Difference Day

2:00 Bingo

Sun October 23 - Mother-In-Law Day

10:00 Church Service
2:00 Movie for the Neighborhoods

Mon October 24 - Creature Craft Kits to Neighborhoods & Departments

Books R Fun in FrC
2:00 Bistro, Billiards & Books Club
7:00 Evening Activity: Mike Canali

Tue October 25 - October Birthday: Opal, Aquamarine & Pink Tourmaline Stone & The Marigold Flower

12:00 Monthly Birthday Luncheon
2:00 500 Bid (Golden Willows DR)
7:00 Bingo

Wed October 26 -The Magic of Kindness Day

10:00 Euchre on Orchards
11:30 Men's Luncheon
6:30 Mid Week Service

Thu October 27 - Cheer Up a Cranky Co-Worker Day

10:30 Rosary
2:00 Bible Study
2:00 500 Bid (Golden Willows DR)
7:00 Neighborhood Movies

Fri October 28 - Fall Fun Fest!

1:00 Display of Creature Crafts in FrC
4:30 - 5:30 Trick or Treat at St. Paul's
5:00 - 6:30 Weinie Roast & Hayrides by Windy Burrows
7:00 Friday Nite Movie Channel 11

Sat October 29

2:00 Bingo

Sun October 30

10:00 Church Service
2:00 Movie for the Neighborhoods

Mon October 31 - Happy Halloween

2:00 Halloween Party
7:00 Monster Mash Music in FrC



October 2011 Activities and Special Events



Friday, October 7 - Scare a Crow & Jeans Day - Wear your jeans with a flannel style shirt...and if you really want to shoo off unwanted field fowl, add a straw hat this day! (jeans pass = \$1.00. See receptionist for sticker). Throughout the day, neighborhoods can work on Scarecrows for the Courtyard Cornfield and enjoy an Autumn Treat of Caramel and Candy Apple Bites!

Monday, October 10 - Annual Golf Outing at The Greens. 10:00 - 1:00 p.m.

Friday, October 14 - Highlights of History at St. Paul's - Wear something "St. Paul's" along with your jeans this day. (Should staff participate in Casual Day, please see receptionist for \$1.00 jeans pass - 100% of the proceeds go to resident activities.) Join us in the Friendship Commons at 2 p.m. to learn much of the noteworthy and interesting history of St. Paul's. Guest speakers will add their experiences and memories along with a power point of pictures on the big screen. We'll also be serving appetizers and beverages.

Friday, October 21 - "Cute As A Button" & Jeans Day - Wear your favorite buttons, pins or badges this day along with a pair of Jeans. (Should staff participate in Casual Day, please see receptionist for \$1.00 jeans pass). At noon, we won't be pushing any buttons, we'll be consuming them! Enjoy a riveting meal of Beef Medallions, Button Mushrooms, Sliced Squash & Yam-Chops. Loosen up those buttons for Sew Sweet a Treat: Button-Top Cupcakes! For your enjoyment, Button Box music will be played through Lunch by Austie!

Monday, October 24 - Books R Fun in the Friendship Commons.

October 2011 Activities and Special Events

Monday, October 24 - Creepy Crafts to the Neighborhoods and Departments - We'll be passing out a Creepy Craft Starter Kit for fiendish and fun creativity! Use the materials in your kit to create your Creepy Halloween Entry for a chance at a prize! Entries are due by Friday at Noon in the Friendship Commons. They will be displayed for the Fall Fun Fest through Halloween! Further instructions will be placed with your Kits.



Friday, October 28 - Fall Fun Fest and Trick or Treat at St. Paul's! - Wear your costumes! Prizes will be awarded! From 4 - 5 p.m., residents will be passing out Tricks and Treats to our young visitors. From 5 -6:30 p.m., we'll have a Weinie Roast and Hayrides by Windy Burrows (weather permitting)! Candy donations for residents to pass out in the neighborhoods are gladly accepted!

Monday, October 31 - Official Halloween Day - Wear your favorite Jeans along with the colors orange and black or if you'd like - wear a creepy get-up! At 2 p.m., we'll enjoy a Halloween Party & Treats in FrC.

Other Activities: Tuesday Nites: Bingo. Wednesday Nites: Mid Week Service. 10/3 10 a.m. - Southern Care leads activity in the Commons and at 7 p.m. Ceremugas; 10/6 7 p.m. Amish Singers in Commons; 10/10 7 p.m. Canine Connection to Love; 10/13 7 p.m. Entertainment in the Commons; 10/17 2 p.m. Recipes with Russ and 7 p.m. Happy Volunteers; 10/20 7 p.m. Amish Youth Group from Kinsman 10/24 7 p.m. Mike Canali; 10/27 7 p.m. Neighborhood Movies; 10/31 7 p.m. Monster Mash Music in the Commons.

Movie List for October (Channel 11)

1 st	10 a.m.	The Three Stooges	17 th	2 p.m.	102 Dalmations
	2 p.m.	Tuck Everlasting	18 th	10 a.m.	Ratatouille
2 nd	2 p.m.	Dr. Dolittle		2 p.m.	Julie and Julia
3 rd	10 a.m.	Aladdin	19 th	2 p.m.	On Golden Pond
	2 p.m.	Aladdin & The King of Thieves	20 th	10 a.m.	Adam's Rib
4 th	10 a.m.	Rudy		2 p.m.	Guess Who's Coming to Dinner
	2 p.m.	Forest Gump	21 st	10 a.m.	Rear Window
5 th	10 a.m.	Around the World in 80 Days		2 p.m.	Panic Room
	2 p.m.	Up!		7 p.m.	The Curious Case of Benjamin Button
6 th	10 a.m.	A Beautiful Mind	22 nd	10 a.m.	Philadelphia
	2 p.m.	Alice in Wonderland		2 p.m.	The Blind Side
7 th	10 a.m.	Witness	23 rd	2 p.m.	The Princess Diaries
	2 p.m.	Wizard of Oz	24 th	10 a.m.	The Swan Princess
	7 p.m.	The Cider House Rules		2 p.m.	Erin Brockovitch
8 th	10 a.m.	The Music Man	25 th	10 a.m.	Escape from New York
	2 p.m.	Mr. Holland's Opus		2 p.m.	Terms of Endearment
9 th	2 p.m.	Searching for Bobby Fisher	26 th	10 a.m.	Harry Potter I
10 th	2 p.m.	The Rescuers Down Under		2 p.m.	Harry Potter II
12 th	10 a.m.	Old Yeller	27 th	10 a.m.	Meet the Parents
	2 p.m.	Sgt. York		2 p.m.	Austin Powers
13 th	10 a.m.	The Hunt for Red October	28 th	10 a.m.	The Adams Family
	2 p.m.	In Harm's Way		2 p.m.	Ghostbusters
14 th	10 a.m.	Fried Green Tomatoes		2 p.m.	Psycho
	2 p.m.	A Home of Our Own		7 p.m.	Black Beauty
	7 p.m.	Anne of Green Gables	29 th	10 a.m.	The Prince of Egypt
15 th	10 a.m.	Pride and Prejudice		2 p.m.	Heidi
	2 p.m.	Pretty Woman	30 th	2 p.m.	The Hunchback of Notre Dame
16 th	2 p.m.	Rainman	31 st	10 a.m.	The Birds
17 th	10 a.m.	101 Dalmations	15	2 p.m.	



**Jamestown
Parade**

