

# Campus Connections

St. Paul's

November 2011

## Campus Information

Pages 1 - 6

Special Event Pictures  
Pastor's Message and  
Scriptures

## "Colony Columns"

The Colony News

Page 7

News & Notes  
Birthdays  
Upcoming Events

## "The RidgeRunner"

Ridgewood News

Pages 8 - 9

November Activities  
Senior Corner  
Birthdays

## "The Heritage Herald"

Heritage News

Page 10

Heritage Highlights  
Birthdays

## "House Chatter"

News from The Villas

Pages 11 - 20

Sept. Caring Hearts  
Menus  
November Special  
Events  
November Movie List

Visit our Website  
to View More  
Photos

[www.lifeatstpauls.org](http://www.lifeatstpauls.org)

## The Bingham Distinguished Staff Awards

The Bingham Distinguished Staff Awards were created by the family of Jack and Mary Jane Bingham, former residents of St. Paul's, as thanks and appreciation to the staff of St. Paul's for their care and support. The family shared, "It was a comfort to our family that they were living in such a caring, respectful environment and our family wanted to find a way to recognize the staff in memory of my parents."

The Distinguished Staff Newcomer Award recognized a staff member who has positively impacted St. Paul's and the lives of the residents in the short time they have worked here. The individual may work in any area or department of the organization and must have worked at St. Paul's for two years or fewer. Our first year we had a tie in this category so the award was presented to Ashley Poghen and Brittney Meyerl.



Ashley Poghen came to St. Paul's in January of 2010 working at The Ridgewood as a Universal Worker. She describes her two years at St. Paul's as "Phenomenal! Working here has broadened my perspective of life. It has brought me closer



to the residents. They are my family." Brittney Meyerl was hired at St. Paul's in September of 2010 as a full-time Licensed Practical Nurse. Since being employed Brittney has worked in The Orchards and states, "St. Paul's is a nice work environment. It's very clean and well organized - both traits that I value. Most of all I like my residents and I am very happy to be here."

The Distinguished Staff Leadership Award recognized a St. Paul's staff member who has exhibited strong leadership skills and serves as an example to fellow staff members. This individual must have been employed with St. Paul's for at least one year and can work in any area or department of the organization.



Paula Gearhart was hired at St. Paul's in August of 1995 as a Universal Worker later becoming a Personal Care Attendant in August 1997. In December of 1998 she became the full-time Administrative Assistant at The Ridgewood. She states, "My job is rewarding and has taught me how to be a leader."

The Distinguished Staff Extra Effort recognized a staff member who has gone beyond the normal job description, consistently exceeds the expectations of the position, and has had a positive impact on the lives of the residents at St. Paul's. This individual must have been employed with St. Paul's for at least one year and can work in any area or dept. of the organization. Jean Cullen came to St. Paul's in October of 2006, shortly after we opened the Heritage, as a part-time Universal Worker. Jean became a personal care attendant in May of 2007 and full-time in February 2009. "I am very fortunate to be here and I enjoy my job!" She stated, "The residents are not just people - they are my family and I treat them as such."



## Farewell and God Bless



Residents and Staff bid a fond farewell to Pastor Linda Miller Pretz at a gathering held in her honor on September 28th. Pastor Linda provided spiritual guidance and support as chaplain to many here in her tenure of four and a half years. She was actively involved in assisting Pastor Glenn with worship, Bible studies and many programs specifically for the women at St. Paul's. In addition, she was a member of the St. Paul's choir and The Heritage Rambling Roses Eden family and assisted with community based activities and projects with children and adults. Pastor Linda will remain close to our hearts and in our prayers.



## St. Paul's Annual Golf Classic





**The Colony  
Concert at Buhl Park**



**The Colony  
Smores Night**



**The Colony Autumn Breakfast**



**New Colony Residents**



Pictured starting at left: Dr. Frank & Gerry McElree; John & Helen Nichols, Chuck Starry, Ruth Cooper, Wink & Nancy Weikal and Janet Cooper

**The Colony Ice Cream Social**



**The Heritage  
Linesville Spillway  
and  
Dairy Queen**



**The  
Heritage  
Bowling  
Tournament**



**The Heritage  
Pumpkin Painting**

**The Heritage Fall Craft**



**The Villas County Fair**



**Happy 95th Birthday  
to Dorothy Christman**



## A Message from the Pastor

Dear Friends of St. Paul's:

As I write this I am thinking of blessings. You know, the things we are fortunate to experience in our lives. November is a month filled with variety! On the first Sunday of November this year we are celebrating "Harvest Ingathering." This is an opportunity for each one of us to turn some of the things we have been blessed with into blessings for others. We will do that by sharing non-perishable food items with community members who need to experience some 'blessings.'

Of course, later in the month we observe the Feast of Thanksgiving. A time when we all forget our diets and many of us have a sort of family reunion. Let us not forget to give thanks at that time for our many 'blessings.'

On the religious calendars, the last Sunday in November is the first Sunday of Advent. It is the first Sunday in the church year. It can be a time to look expectantly for new things and new blessings in our lives.

So – on a more personal note I must look at the blessings I have experienced in my life, the last eight and one-half years in particular. I thank God and I thank you all for the experience of serving in the ministry here at St. Paul's. My life is richer because of those experiences. But my life is not over yet! I look expectantly for the new things and new blessings that will come my way. Let us, together, move into the future with hope and expectation of the wonderful blessings in store for each of us.

God Bless you all!

*Pastor Glenn Sadler*

### Worship Schedule and Scriptures for November 2011

9 a.m. The Heritage Fellowship Hall and Channel 6; 10 a.m. The Villas FrC and Channel 11; 11a.m. The Ridgewood Harmony Hall.

November 6, 2011 Harvest Ingathering Sunday

Scriptures: Joshua 24:1-3a; Psalm 78: 1-7; 1 Thessalonians 4:13-18; Matthew 25:1-13

Pastor Glenn Sadler will lead all three worship services.

November 13, 2011 Twenty-Second Sunday after Pentecost

Scriptures: Judges 4:1-7; Psalm 123; 1 Thessalonians 5:1-11; Matthew 25:14-30

Pastor Bill Kirker will lead the 9:00 and 11:00 a.m. worship services

Pastor Glenn Sadler will lead the 10:00 a.m. worship service

**St Paul's choir will sing at the 10:00 a.m. worship service.**

November 20, 2011 Christ The King Sunday

Scriptures: Ezekiel 34:11-16, 20-24; Psalm 100; Ephesians 1:15-23; Matthew 25:31-46

Pastor Glenn Sadler will lead all three worship services.

November 23, 2011 Thanksgiving Eve

Scriptures: Deuteronomy 8:7-18; Psalm 65; 2 Corinthians 9:6-15; Luke 17:11-19

Pastor Glenn will lead worship this evening at 6:30 p.m.

**St. Paul's Choir will sing this evening.**

November 27, 2011 First Sunday Of Advent - Sacrament of Holy Communion

Scriptures: Isaiah 64:1-9; Psalm 80:1-7, 17-19; 1 Corinthians 1:3-9; Mark 13:24-37

Pastor Ray Brugler will lead the 9:00 a.m. worship service.

Pastor Bill Kirker will lead the 10:00 and 11:00 a.m. worship services.

## Leaving a Legacy: Points to consider in planning an estate

Caller: "I would like to talk with you about wills and bequests."

From time to time the Development Office receives calls like this one. While this is ultimately a discussion you need to have with your attorney, we can provide some basic information with regard to including St. Paul's in your estate planning.

A bequest directs where you want your possessions to go upon your passing. A bequest may state a **specific amount or specific item**, a **percentage of your estate**, or provide direction for the **residual**, that portion remaining after all other conditions are satisfied. It may also be **conditional**, the disposition of the possessions you designated to him/her if the heir predeceases you.

There are tax advantages to the estate and heirs in giving certain types of assets to charities like St. Paul's. Individual Retirement Accounts, U. S. Savings Bonds and stocks that have appreciated in value are assets that offer tax advantages when given to charities.

Information on bequests, life income plans and other estate planning options are available by contacting the Development Office at St. Paul's at 724-588-7610.

## Auxiliary Craft Show and Bake Sale – November 4, 2011

Just a reminder that the **2011 AUXILIARY CRAFT SHOW AND BAKE SALE** will be held on **FRIDAY, NOVEMBER 4, 2011** in Friendship Commons at the Villas. St. Paul's Craft Show and Bake Sale is one of the area's premier craft shows so you won't want to miss it. We will once again have a wide variety of baked goods and great holiday and decorating crafts. In addition to the numerous items available for purchase, residents, staff, and community members will have a chance to participate in a 50/50 raffle or have an opportunity to win a gorgeous quilt or crocheted tablecloth, both of which were lovingly handcrafted by residents at St. Paul's. The event also features a spectacular Chinese Auction you surely won't want to miss. We also offer a beautiful door prize if you just want to come in and browse. There is no admission fee and payroll deduction will be available for employees. Please invite all of your family and friends. For those who are unable to attend on Friday, unsold baked goods and craft items will be moved to the Villas Lobby after 4:00 p.m. and available for sale.

The Craft Show and Bake Sale will be held from **10:00 A.M. to 4:00 P.M.** in the Friendship Commons. Lunch will be available courtesy of the St. Paul's activity staff.

All proceeds from the event benefits resident life at St. Paul's. **We would greatly appreciate a donation of baked goods to sell at the bake sale on the day of the Bazaar.** All donations can be dropped off at the Villas Private Dining Room beginning at 8:00 a.m. Colony residents who want to donate baked goods can notify Mariah Corson. If you have any questions, please call Rose Hoffman, Director of Volunteer Services, at 724-588-9613, Extension 1135. Thank you!

## Bistro Gift Shop Will Be Open On Friday, November 4<sup>th</sup>

The Bistro Gift Shop will be open from 12:00 p.m. until 4:00 p.m. on November 4<sup>th</sup>, the day of the Auxiliary Craft and Bake Sale. The Bistro is currently featuring our holiday "Pumpkin Spice" cappuccino, available only until Thanksgiving. Then, back by popular demand, we will feature "Holiday Mint", a creamy chocolate mint flavored cappuccino. So after shopping at the Craft and Bake Sale, stop in at the Bistro and take advantage of the best selection of Christmas items on display. As a special token of our customer appreciation, on November 4<sup>th</sup> we will be offering a coupon for a free cappuccino with any merchandise purchase of \$5.00 or more. In addition to the many, many unique gift items the Bistro Gift Shop has to offer, we also feature practical items at reasonable prices, including diabetic socks in two sizes – 3 for \$4.99! We hope to see you on November 4<sup>th</sup>! Thank you for your patronage!

# "COLONY COLUMNS"

The Colony News

Gobble Gobble



## News And Notes

**Women's Book Club** - Wednesday, Nov. 16, 2 p.m. in the Keifer Social Room. The book for November will be *The Middle Heart* by Bette Bao Lord. There will be no book club meeting in December. The book for January 2012 will be *Immortal Life of Henrietta Lacks* by Rebecca Skloot.

**Bridge Group** - Meets weekly on Saturdays, 1 p.m. in the Keifer Social Room. A weekly sign-up notebook is located on the counter by the mailboxes.

**November Birthday Celebration** - Will be held on Wednesday, Nov. 2, 2 - 3 p.m. in the Keifer Social Room. Everyone is welcome. Come celebrate, have birthday cake & ice cream with your friends and neighbors!

**Coffee Klatch** - Will be held Wednesday, Nov. 9, 9:30-11:30 a.m. in the Social Room. Come enjoy some delicious pastries while waiting for your mail.

**Movie Nights** - Will be Thursday, Nov. 10<sup>th</sup> & Monday, Nov. 28<sup>th</sup>. The Nov. 10<sup>th</sup> movie will be *Pursuit of Happiness* starring Will Smith and his son Jaden Smith. The Nov. 28<sup>th</sup> movie will be *Jack Frost* starring Michael Keaton and Kelly Preston.

### Librarian Schedule:

November 6 - Margaret Haworth  
November 13 - Fred Kroen  
November 20 - Marguerite Werner  
November 27 - Jan Walther

## November

03 ~ Harry Heppner  
09 ~ Jim Shaffer  
11 ~ Wink Weikal  
15 ~ Helen Nichols  
16 ~ Larry Cochran  
16 ~ Jim Weyman  
26 ~ Jane King  
28 ~ Nancy Appleby  
29 ~ Jack Brown

## December

13 ~ Carol Hosmer  
16 ~ Jan Walther  
17 ~ Bob Becker  
19 ~ Bertha Heckman  
23 ~ Fred Haworth  
23 ~ Nancy Weikal  
25 ~ Jean Karns  
29 ~ Polly Oden  
30 ~ Barbara Stitt  
31 ~ Pat Houpt

## Upcoming Events

**Nov. 1, 15 & 29** - 10 a.m. - Noon - Free Blood Pressure Screening with VNA Alliance at the Keifer Building  
**Nov. 4** - Willy Wonka by Andover Youth Theater  
**Nov. 6** - Daylight Savings Time Ends  
**Nov. 6** - Friends of Music  
**Nov. 7** - War Vet Museum in Canfield, OH  
**Nov. 8** - Election Day  
**Nov. 11** - Men's Breakfast at The Heritage  
**Nov. 12** - Stuffed Pork Chop Dinner  
**Nov. 13** - Dinner & Packard Band Concert  
**Nov. 15** - 3 p.m. - Open Forum in Social Room  
**Nov. 17** - Breakfast at Rosie's in Jamestown  
**Nov. 18** - Dinner & Linesville Christmas Candlelight Walk to Remember  
**Nov. 22** - YSU Planetarium  
**Nov. 24** - Happy Thanksgiving  
1:15 p.m. - The Ridgewood Thanksgiving Dinner  
Call in advance for reservations.  
**Nov. 30** - Wendell August Forge Tour  
**Dec. 5** - 5 p.m. - Christmas Vespers Service  
6 p.m. - Christmas Vespers Dinner  
**Dec. 25** - Merry Christmas  
1:15 p.m. - The Ridgewood Christmas Dinner  
Call in advance for reservations.



I would like to thank everyone who helped in any way with the crafts for the bazaar this year. It does not matter if you came to the meetings or worked at home. I appreciate all your help, without which the bazaar would not be possible.

Sylvia Loveridge

# THE RIDGERUNNER

## Ridgewood News

### November Activities

- Tue Nov. 1**  
2:30 Indoor Plant Watering  
7:00 Reynolds's Builders Club
- Wed Nov. 2**  
9:00 Bowling  
3:45 Hymn Sing with Janet Espey
- Thu Nov. 3**  
1:00 Poker  
6:30 Amish Singers  
7:00 Greenville Photography Club (HH)
- Fri Nov. 4**  
10:00 St. Paul's Christmas Bazaar  
1:30 500 Card Party
- Sat Nov. 5**  
2:00 Bingo
- Sun Nov. 6**  
2:30 Eden Family Gathering  
3:00 Ice Cream Cart
- Mon Nov. 7**  
2:30 Start of Wii Bowling Teams  
6:30 Canine Connection
- Tue Nov. 8**  
1:30 Food Committee
- Wed Nov. 9**  
2:30 Resident Council  
1:00 Bowling Banquet at The Heritage
- Fri Nov. 11**  
1:00 Fall Bus Ride  
1:30 500 Card Party  
2:00 Puzzles with Jim in North Park
- Sun Nov. 13**  
3:00 Ice Cream Cart
- Mon Nov. 14**  
9:00 Nails & More  
6:30 Ed & Sandy Ceramuga and Joan Wentling
- Wed Nov. 16**  
3:45 Hymn Sing with Janet Espey
- Thu Nov. 17**  
10:30 Music, Music, Music  
6:30 Activities Bucks Shopping
- Fri Nov. 18**  
1:30 500 Card Party
- Sat Nov. 19**  
7:00 Men's Breakfast in Harmony Hall
- Sun Nov. 20**  
6:30 Movie In Harmony Hall  
3:00 Ice Cream Cart
- Mon Nov. 21**  
11:00 Organ Music with Barb Lloyd
- Tue Nov. 22**  
10:00 Scrapbooking in Harmony Hall
- Thu Nov. 24** *Happy Thanksgiving*
- Fri Nov. 25**  
1:30 500 Card Party  
4:00 Social Hour
- Sun Nov. 27**  
3:00 Ice Cream Cart  
5:30 Special Dessert with Hope, Shirley and Dave
- Mon Nov. 28**  
7:00 Happy Volunteers
- Wed Nov. 30**  
10:30 Crafts with Nancy Manning  
12:00 Buffet Lunch in Dining Room

### Transportation Reminder

In order to better serve transportation needs, please let the receptionist know of your needs **preferably 48 hrs. in advance**. We ask that all residents be ready and waiting in the lobby ½ hour before their appointment time unless otherwise notified. Each pink Appointment Reminder Slip has this same request noted on the bottom of the paper to serve as a reminder.

### Respite Stays

The Ridgewood welcomes residents for Respite Stays (short term stays). Respite stays offer caregivers support by providing a place for their loved ones to stay while they are away or taking a needed break. Respite stays include a private apt. and assistance with daily activities. For more information call The Ridgewood at 724-588-7610.

**Senior Corner: Personal Safety Tips for Seniors** Statistics show that the older you get, the less likely you are to be a victim of crime. But it still makes sense to take precautions, especially against fraud and con games, which are the greatest crime threats for seniors.

### **Senior Safety Begins at Home**

- ~ Install and use good locks on doors and windows.
- ~ Don't hide keys under the doormat, in the mailbox or in a planter. Leave an extra set with a neighbor.
- ~ When service or delivery people come to your door, ask for ID, and check with their company if you're still not sure.
- ~ Make sure the street number on your house is large, well-lighted and unobstructed so emergency personnel can find your home quickly.
- ~ If you decide to install an alarm system, consider one that is monitored for burglary, fire and medical emergencies.

### **Stay Safe When You Go Out**

- ~ Go out with family or friends rather than by yourself.
- ~ Hold your purse close or keep your wallet in an inside front pocket.
- ~ Don't carry large amounts of cash or unneeded credit cards.
- ~ Use a direct deposit service for Social Security and other regular checks.
- ~ Keep car doors locked, be watchful in parking lots and garages, and try to park in well-lighted spots near entrances.
- ~ Sit near the driver or the exit when riding on a bus, train or subway.
- ~ If a person or situation makes you nervous, get away.

### **Don't Fall for Con Artists' Tricks**

- ~ If it sounds too good to be true - free vacation, miracle cure, sure-fire investment - avoid it.
- ~ It is illegal for telemarketers to ask for credit card, Social Security, phone card or bank account numbers to verify prizes, so if anyone asks, don't give it to them.
- ~ If someone tries to rush you into signing an insurance policy, sales contract or anything else, be suspicious. Read it carefully and have a trusted friend check it, too.
- ~ Some con artists pose as representatives of companies or government agencies that, for a fee, recover money lost to fraudulent telemarketers. Don't fall for this trick.
- ~ When in doubt, check it out by calling the police, the Better Business Bureau, the local consumer protection office, or the National Consumers League Fraud Information Center at 800-876-7060.

### **Holiday Tips**

As November advances, many people look forward to the approaching holidays. Of course, the festivities won't be complete without a bounty of food. So before the holidays, a lot of people are swamped in preparation; from shopping, cooking, baking and more. I just hope that they won't forget to incorporate healthy cooking and healthy eating into the occasions.

The following are easy tips that will help you stay healthy through November and the holidays to come:

- ~ Make sure that you're not bingeing.
- ~ Go grocery shopping on a full stomach.
- ~ Set goals for yourself for the holiday season.
- ~ Cook with healthy ingredients.



### **Resident Birthdays:**

November 5 - Irene Deets  
November 28 - Dick Bennett

### **Staff Birthdays:**

November 6 - Kelli Wilkozs  
November 7 - Katie Weimert  
November 10 - Heidi Minshull  
November 14 - Tessa Pudney

### **Ridgewood Residents**

Please remember to sign out if you're stepping outside. Even though you may just be sitting outside we need to know if you're not in the building. This is an important task to insure your safety in case there is a fire or tornado.

# THE HERITAGE NEWS

## Heritage Highlights

- Tue Nov. 1**  
9:00 Depart for Kraynak's Christmas Lane and Drive Thru Lunch  
12:00 DR Seating Change
- Wed Nov. 2**  
9:30 Last day of bowling for the season  
4:30 Wine Cart Will Visit Each Dining Room
- Thu Nov. 3**  
7:00 Amish Singers in Fellowship Hall
- Fri Nov. 4**  
10 - 4 St. Paul's Annual Craft Bazaar and Bake Sale at The Villas
- Tue Nov. 8 - Election Day** - Transportation will be provided to Keifer Building for voting at 10 a.m. and 1 p.m. Sign up at receptionist desk if you wish to vote.
- Wed Nov. 9**  
12:00 Fall Banquet for all St. Paul's Bowlers
- Fri Nov. 11**  
7:30 - 9 a.m. Men's Breakfast
- Sun Nov. 13**  
2:00 Codie, The Therapy Dog will Visit  
1:00 Colorful Nails (1<sup>st</sup> and 2<sup>nd</sup> Floor - BS)  
6:30 Mercer County Senior Follies Variety Show in Fellowship Hall
- Wed Nov. 16**  
11:00 Bingo Bucks Shopping  
3:15 Horse Racing w/Reynolds Builder Club
- Fri Nov. 18**  
2:30 November Birthday Celebration
- Sat Nov. 19** - Coffee and Dessert Night
- Mon Nov. 21**  
7:30 - 9 - All house Breakfast Buffet in FH  
1:00 Colorful Nails (3<sup>rd</sup> & 4<sup>th</sup> Floor - BS)  
6:30 Ed and Sandy Ceremuga and Joan Wentling will Entertain
- Wed Nov. 23**  
2:30 Heritage Resident Council  
4:30 Wine Cart Will Visit Each Dining Room
- Thu Nov. 24 - Happy Thanksgiving**  
Dinner will be served during the noon meal.
- Fri Nov. 25** - Christmas Decorating will begin
- Sat Nov. 26** - Christmas Decorating
- Sun Nov. 27** - Christmas Decorating

## Happy Birthday

Nov. 1 - Hazel Everetts  
Nov. 3 - Margaret Forsyth  
Nov. 5 - Patricia Brooks  
Nov. 7 - Beulah Keck  
Nov. 9 - George Erwin  
Nov. 18 - Ruth Blake  
Howard Shaw  
Nov. 27 - Mary Ellen Shaw  
Nov. 28 - Laretta Hartle



**PLEASE NOTE** - The front doors of The Heritage are locked at 9 p.m. every night. Anyone coming in after that time will need to ring the doorbell for staff assistance to enter the building.

## Livingood Guest Apartment

The Livingood Guest Apts are located in The Heritage and provide sleeping accommodations for 2-4 people along with a kitchenette, television and telephone service. Fees are \$60.00 per night. Fees for visitors who are not connected to St. Paul's are \$75.00 per night. Guests are welcome to enjoy several dining areas on campus for a minimal cost. To reserve a Livingood Guest Apt please call Marilyn Moore at 724-588-7610 ext. 1146.

**Weekly Trips to Shenango Valley** - The Mercer County Transit offers trips to Shenango Valley (Mall, restaurants, downtown, etc.) every Friday for \$1.00 per stop for interested residents. See Linda Davis for details.

**Notice:** When taking your loved one out of The Heritage, please remember to sign out when leaving and sign in when returning. There is a sign out/in sheet at each nursing station on 2<sup>nd</sup>, 3<sup>rd</sup>, & 4<sup>th</sup> floor as well as one at the receptionist desk on 1<sup>st</sup> floor. This is important for the staff to know in case of emergency so every resident can be accounted for.



Welcome  
Peg McAdoo



# THE HOUSE CHATTER

## News From The Villas



### Guest Meals for Family & Friends

We welcome family members and friends to share a meal with our Villas' residents. There are just a few things that you must remember when ordering these meals:

1. Purchase a "guest meal" ticket from the receptionist.
2. Your meal will be the "main" meal. An alternate will not be provided.
3. The dietary dept. would appreciate 24 hours notice so enough meals have been prepared to accommodate our residents and their guests.

### The Bistro Gift Shop Hours

Daily: 12:00 - 4:00 p.m.  
Wednesday: 9:00 a.m. - 4:00 p.m.

The Bistro features specials every day. Available will be soups, sandwiches, salads, cold drinks, coffee and our specialty - 3 delicious flavors of cappuccino to pick from. Stop in for an early morning cappuccino and pick up your Bistro special card. Every time you buy a cappuccino get your card punched, when you have all 9 cups punched, get your 10<sup>th</sup> cup free!

### Just a Reminder

Resident Council meets the third Tuesday of each month at 10:15 a.m. **ALL** Villas residents are invited to attend these monthly meetings

### DSL Internet Access Now Available

High speed DSL Internet access is available in the resident rooms of The Villas, The Ridgewood, and The Heritage. The service includes unlimited access to the Internet and e-mail account. The DSL service will not tie up your phone and allows you to make and receive calls while you are online. The DSL service will cost \$20.00 per month. Contact Brandon Busch at 724-588-9613, ext. 1222 for more details and system requirements.



### New Residents

Mary Biga	William Peters
Jane Biggart	Mildred Rauch
Edna Boynton	Wanda Slater
Alice Brunot	Dolores Smith
Martha Clutter	Margaret Weigel
J. Richard Kelso	Stanley White
Mary Koval	Albert Wiesen
Ada Milliken	Alfred Williamson
Ramona Morris	

### Discharged Residents

Gloria Bardella	Judy Poole
Marion Donner	Shirley Shannon
Marion Fisher	Margaret Weigel
Mary Hough	Lenora Wesley
Harriet Luciani	

### In Memory

Shirley Allen  
Dorothy Atkin  
Shirley Banick  
Mary Byers  
Margaret Gruber  
Kathryn Hittle  
Mary Magargee  
Margaret Smith  
Bertha Wamsley

## Happy Birthday

Nov. 2	Victoria Guerrini
Nov. 4	Velma Hughes
Nov. 5	Dorothy Peters
Nov. 13	Margaret Fain
Nov. 14	Edith Patterson
Nov. 15	Robert Jennings
Nov. 20	Bessie Everett
Nov. 23	June Jackson
Nov 25	Janet Baird
Nov. 29	Charles Kuhnle

## Caring Hearts for September 2011

Lisa Adams	Tina Adams	Sarah Alabran	Davina Anderson	Frank Anthony
Dale Armer	Ron Ashbaugh	Deb Babinka	Kerri Bailey	Valerie Baldelli
Shirley Barry	Beckie Bartel	Mary Battles	Kayla Benthall	Louise Besser
Kim Bielobocky	Nancy Bielobocky	Kimberly Billings	Sarah Black	Cindy Blanton
Judy Bowser	Ruthie Brightbill	Stephanie Brown	Jessica Burnett	Deb Calenda
Sherry Christman	Samantha Clevenger	Christina Coe	Becky Collingwood	Cece Corp
Linda Cramer	Cheryl Crawford	Becky Davis	Jen Davis	Sean Davis
Carol Delp	Amanda Dias	Mimi Dreher	Marie Duell	Angie Eels
Tina Eells	Holly Everson	Jeannine Fleming	Brytany Foulk	Penny Freeman
Ida Fritz	Shelley Gansca	Patty Gardner	Shannon Geiger	Fred Graham
Tiffany Greco	Julie Green	Grant Hamilton	Kelly Harper	Barb Hauck
Joan Heasley	Jodi Hereford	Doug Heverly	Nan Hirshman	Judy Hunter
Melanie Jackson	Tina Jones	Tiffany Kapp	Kristina Kidd	JR King
Lisa Kunselman	Cheryl Lamp	Sherri Latshaw	Krystal Lazzar	Kim Legg
Michelle Lengacher	Brittany Little	Kristina Marcucci	Dave Mazurkewiz	Sue McConnell
Lisa McCracken	Leann McCurdy	TJ McGary	Joyce McGuire	Courtney Merrow
Brittney Meyerl	Brenda Micsky	Dianna Mills	Casey Misavage	Missy Nitch
Marilyn Odille	Bryan Oros	Ashley Parish	Krista Randall	Lucinda Rayman
Sheila Reiser	Judy Roberts	Patti Schuster	Stephanie Seiver	Laura Shaner
Janet Shearer	Jesse Shearer	Kim Shelhamer	Tracey Smith	Deb Stephens
Johanna Tribley	Vanessa Uber	Amber Valesky	Diana Van Sickle	Ashley VanKirk
Corey Woods	Elisa Wotherspoon	Lori Xander		

### Uniform, Shoe & Accessory Sale

Featuring the latest styles, prints & colors for uniforms & professional work shoes from major manufacturers

Sponsored by the Auxiliary of St. Paul's

ONE DAY ONLY

Wednesday, November 9, 2011

7 a.m. - 4 p.m.

The Villas Friendship Commons

Accepted are Cash, Check, Master Card, Visa, Discover & American Express



**Mission:** To improve the well-being of residents and those who care for them by transforming the communities in which they live and work.

**Vision:** To eliminate loneliness, helplessness, and boredom.

### Thanksgiving Dinner

Once again this year, St. Paul's will provide families the opportunity to have Thanksgiving Dinner with their loved ones from 11 a.m. - 1:30 p.m. in The Villas Friendship Commons. Please R.S.V.P. by November 18<sup>th</sup> by calling 724-588-7610. Guest tickets for this dinner may be purchased at The Villas reception area. The cost is \$8.50 per person, children 4 - 12 will be \$5.00 and children under 4 are free. The following are serving times for The Villas neighborhoods:

Meadows - 11:00 a.m.

Springs/Willows - 11:45 a.m.

Gardens/Orchards - 12:30 p.m.



Families and friends may eat with residents for the following prices: Breakfast - \$3.50; Dinner - \$5.00; Supper - \$5.00 Contact the Dietary Dept. to make reservations. The Dietary Dept. would appreciate at least 24 hours advance reservations from family/friends who plan to dine with residents. In this way, they can ensure proper quantities of food are prepared. **Thank you.**

### Noon Meals - November 2011

Tue	Nov. 1	Waldorf Salad, Chicken Bacon Roll-Up, Scalloped Potatoes, Green Beans Almondine, Boston Cream Pie
Wed	Nov. 2	Garden Salad, Turkey, Stuffing, Cranberry Sauce, Peas & Carrots, Tapioca Pudding
Thu	Nov. 3	Mixed Greens Salad, Meat Loaf, Mashed Potatoes, Cream Corn, Cream Puffs
Fri	Nov. 4	Carrot/Celery Sticks, Salmon Patty w/Pea Sauce, Brown Rice, Sugar Snap Peas, Sugar Cookies
Sat	Nov. 5	Garden Salad, Lemon/Sage Chicken, Bowties w/Alfredo Sauce, Italian Green Beans, Ice Cream
Sun	Nov. 6	Cinnamon Applesauce, Pork Chop, Stuffing, Mashed Potatoes, Broccoli, Pumpkin Pie
Mon	Nov. 7	Garden Salad, Crispy Chicken, Baked Potato, Roasted Squash, Orange Ambrosia
Tue	Nov. 8	Tossed Salad, Roasted Vegetable Lasagna, Corn, Chocolate Chip Cookie
Wed	Nov. 9	Confetti Vegetable Salad, Orange Glazed Pork Loin, Haluski, Peas & Onions, Vanilla Graham Cracker Pie
Thu	Nov. 10	Vegetable Gelatin Salad, Stuffed Peppers, Mashed Potatoes, Carrots, Butterscotch Pudding
Fri	Nov. 11	Cole Slaw, Fish, Red Roasted Potatoes, Sugar Snap Peas, Cherry Cheesecake
Sat	Nov. 12	Spinach Salad w/Hot Bacon Dressing, Swedish Meatballs, Noodles, Butter Beans, Peaches
Sun	Nov. 13	Mixed Greens Salad, Italian Roast Beef, Parslied Potatoes, Green Beans, Butterscotch Cream Pie
Mon	Nov. 14	Cinnamon Applesauce, Meat Loaf, Mashed Potatoes, Corn, Oatmeal Raisin Cookie
Tue	Nov. 15	Waldorf Salad, Crispy Baked Chicken, Noodles, Sugar Snap Peas, Ice Cream Sundae
Wed	Nov. 16	Cole Slaw, Herb Rubbed Fish, AuGratin Potatoes, Baby Carrots, Apple Crisp
Thu	Nov. 17	Tossed Salad, Hamloaf, Whipped Sweet Potatoes, Buttered Cabbage, Gingerbread w/Caramel Topping
Fri	Nov. 18	Marinated Cucumber Salad, Basil Chicken, Baked Potato, Boccoli/Cauliflower, Brownie
Sat	Nov. 19	Vegetable Gelatin Salad, Citrus Marinated Pork Loin, Oven Roasted Potato Wedge, Lima Beans, Cherry Cheesecake
Sun	Nov. 20	Garden Salad, Stuffed Chicken Breast, Mashed Potatoes, Baby Carrots, Apple Pie
Mon	Nov. 21	V8 Juice, Rotini w/Meat Sauce, Garlic Toast, Corn, Chocolate Chip Cookie
Tue	Nov. 22	Mixed Greens Salad, Chicken Kiev, Mashed Potatoes, Sugar Snap Peas, Peach Upside Down Cake
Wed	Nov. 23	Cheese Tortellini Salad, Hamloaf, Candied Sweet Potatoes, Cauliflower w/Pimentos, Key Lime Pie
Thu	Nov. 24	Turkey, Stuffing, Mashed Potatoes, Corn, Cranberry Relish, Pumpkin Pie w/Topping
Fri	Nov. 25	Garden Salad, Chicken Pie, Mashed Potatoes, Broccoli w/Cheese, Cream Puffs
Sat	Nov. 26	Vegetable Gelatin Salad, Meat Lasagna, Garlic Toast, Sugar Snap Peas, Sherbet
Sun	Nov. 27	Cranberry/Raspberry Gelatin, Turkey, Mashed Potatoes, Succotash, Vanilla Graham Cracker Pie
Mon	Nov. 28	Spinach Salad w/Hot Bacon Dressing, Chicken Supreme, Hash Brown Casserole, Broccoli, Peanut Butter Cookie
Tue	Nov. 29	Garden Salad, Spaghetti & Meatballs, Garlic Toast, Green Beans, Peach Crisp
Wed	Nov. 30	Cole Slaw, Fish, Home Fried Potatoes, Roasted Squash, Lemon Pudding Cake

**Special Event Reservations:** If you wish to reserve the Private Dining Room or the Friendship Commons for family affairs, contact Robyn Weaver at ext 1173.

## THE VILLAS' ALL - HOUSE ACTIVITY SCHEDULE

■ In addition to the following schedule of Monthly Activities and Special Events, Neighborhood Activities will be planned to reflect interests within each individual neighborhood. Eden Gatherings and Activities will be included in the Neighborhood Happenings as well as those determined by the Residents Eden family. Music, Crafts, KIT, Manicures/Colorful Nails, Exercise or Physical Activity/Games, Baking/Cooking or Snack Making, Entertainments, Community Outing, Homecare, Outdoor and Companionship Opportunities will be offered in the planning process.

■ Personal Leisure Activities that are meaningful to be determined and coordinated with individual residents.

■ Daily: Movies played on Channel 11 at 10 a.m. & 2 p.m. and every Friday at 7 p.m. unless spiritual services or other programs are being broadcast at that time from FrC.

■ Week-End Activities at various times throughout the building.

**Tue Nov. 1 - All Saints Day**  
 2:00 500 Bid (Golden Willows DR)  
 6:00 All Saints Memorial Service  
 7:00 Bingo

**Wed Nov. 2 - Be Thankful Month**  
 10:00 Euchre on Orchards  
 10:00 Mass  
 2:30 Hymn Sing  
 6:30 Mid Week Service

**Thu Nov. 3 - Sherlock Holmes Day**  
 10:30 Rosary  
 2:00 Bible Study  
 2:00 500 Bid (Golden Willows DR)  
 7:00 Neighborhood Activities

**Fri Nov. 4 - Creative Crafts & Jeans Day**  
**10 a.m. - 4 p.m. St. Paul's Bazaar & Bake Sale**  
 10:30 Lunch Served at The Bazaar  
 7:00 Friday Nite Movie

**Sat Nov. 5 - Sadie Hawkins Day**  
 2:00 Bingo

**Sun Nov. 6 - Saxophone Day**  
 10:00 Church Service  
 2:00 Movie for The Neighborhoods

**Mon Nov. 7 - Bittersweet Chocolate Day**  
 2:00 Bingo Bucks Exchange  
 7:00 Ceremugas

**Tue Nov. 8**  
 6 a.m. Coffee Cart & Breakfast Goodies  
 6 a.m. Villas Newsbits  
 2:00 500 Bid (Golden Willows DR)  
 7:00 Bingo

**Wed Nov. 9 - Domino Day**  
 10:00 Euchre on Orchards  
 2:30 Hymn Sing  
 6:30 Mid Week Service



**Thu Nov. 10 - Marine Corps Birthday**  
 10:30 Rosary  
 2:00 Bible Study  
 2:00 500 Bid (Golden Willows DR)  
 7:00 John Mitsos & Katarina Entertain (FrC)

**Fri Nov. 11 - Veteran's Day**  
 TBA Veteran's Observance in FrC  
 7:00 Friday Nite Movie on Channel 11

**Sat Nov. 12 - World Orphans Day**  
 2:00 Bingo

**Sun Nov. 13 - Tongue Twisters Day**  
 10:00 Church Service  
 2:00 Movie for The Neighborhoods

**Mon Nov. 14 - Native American Indian Trivia**  
 2:00 Scrabblers (Golden Willows DR)  
 7:00 Canine Connection to Love

**Tue Nov. 15 - Use Less Stuff Day**  
 9:45 Food Committee Meeting in FrC  
 10:15 Resident Council Meeting in FrC  
 10:00 Marbles the Cat  
 2:00 500 Bid (Golden Willows DR)  
 7:00 Bingo

**Wed Nov. 16 - International Tolerance Day**  
 10:00 Euchre on Orchards  
 2:00 Highlights of History at St. Paul's  
 6:30 Mid Week Service

**Thu Nov. 17 - World Kindness Day**  
 10:30 Rosary  
 2:00 Bible Study  
 2:00 500 Bid (Golden Willows DR)  
 6:30 Kinsman Amish Youth Group in FrC

**Fri Nov. 18 - High School Nostalgia & Jeans**  
 12:00 Social Hour Luncheon:  
 High School Reunion!  
 7:00 Friday Nite Movie on Channel 11



**Sat Nov. 19 - Young Readers Day**  
 10:00 Bingo  
 2:00 Music in FrC - Bonnie Campbell

**Sun Nov. 20 - Rocky & Bullwinkle Day**  
 10:00 Church Service  
 2:00 Movie for the Neighborhoods

**Mon Nov. 21 - Geography Day (Trivia)**  
 7:00 Happy Volunteers

**Tue Nov. 22 - Humane Society Anniversary**  
 12:00 Monthly Birthday Luncheon  
 2:00 500 Bid (Golden Willows DR)  
 7:00 Bingo

**Wed Nov. 23 - Tie One On Day**  
 10:00 Euchre on Orchards  
 6:30 Mid Week Service

**Thu Nov. 24 - Happy Thanksgiving**  
**11:00 - 1:30 Lunch Buffet**

**Fri Nov. 25 - Family Traditions & Stories Day**  
 2:00 Annual Trimming of the Tree in  
 The Commons  
 7:00 Friday Nite Movie Channel 11



**Sat Nov. 26 - Games & Puzzles Day**  
 2:00 Bingo

**Sun Nov. 27 - Be A Listener Day**  
 10:00 Church Service  
 2:00 Movie for the Neighborhoods

**Mon Nov. 28 - Aviation Day**  
**Intergenerational Day**  
 2:00 Bistro, Billiards & Books Club  
 7:00 Evening Activity: Zac Markley

**Tue Nov. 29 - Nuts About Nuts Day**  
**Pass the Peanuts Day**  
 2:00 500 Bid (Golden Willows DR)  
 7:00 Bingo

**Wed Nov. 30 - Model Railroad Month**  
 10:00 Euchre on Orchards  
 11:30 Men's Luncheon:  
 Lunch at The Whistle Stop Cafe  
 6:30 Mid Week Service:  
 S.L.I.M. Brothers in The Commons



**November 2011 Activities and Special Events**

**Friday, Nov. 4 - St. Paul's Annual Craft & Bake Sale** - Enjoy this fun Annual Autumn Event held in the Friendship Commons from 10:00 a.m. - 4:00 p.m.! The Craft & Bake Sale is sponsored by the Auxiliary of St. Paul's - Check out the many delightful goodies and crafts! Try your luck with the Raffle & Chinese Auction, too! Come by and enjoy a "Shmmasty" (a.k.a. delicious, yummy and tasty) Lunch and Dessert at a reasonable price served by Activity Staff ! Since it is Jeans Day, wear something that shows your creative side! Staff please see the receptionist for sticker (Your \$1.00 goes to Resident Activities) should you participate in Casual Friday.

**Wednesday, Nov. 9 - Uniform Sale in the Friendship Commons.**



**Friday, Nov. 11 - Veteran's Day** - Please wear Red, White and Blue this day as a symbol of support for our veterans. Ribbons will also be available. We will honor our Veterans from St. Paul's in the Friendship Commons. (Time to be determined). Please join us in commemorating their service to our country.

**Wednesday, Nov. 16 - Highlights of History at St. Paul's** - At 2 p.m. in the Friendship Commons, join us to view a DVD about St. Paul's which reflects the early days; from the Post-Civil War Era Orphanage through the first half of the 20th century. We will hear interesting first-hand accounts and stories by a couple former staff that spent many years here at St. Paul's during the transition years. Appetizers and beverages will be served afterward.

**Friday, Nov. 18 - High School Nostalgia & Jeans Day** - Wear your high school colors, paraphernalia or memorabilia along with a pair of jeans! We also are going to reminisce by collecting High School Pictures to put on a table in the lobby - so forward a favorite high school photo! Residents will enjoy a Reunion atmosphere with banners, posters, keepsakes and plenty of "oldies but goodies" music through Lunch!

**Wednesday, Nov. 23 - Tie One On Day** - This is National "Tie One On" Day which Celebrates Home & Family on the day before Thanksgiving. The gesture is to "...wrap a loaf of bread or other bounty in an apron or special fabric, tuck a prayer or note of encouragement in the pocket, then deliver the wrapped bundle to someone in need of spiritual or physical sustenance." So, "Tie One On" and brighten someone's day!



**Thursday, Nov. 24. Thanksgiving Holiday Lunch Buffet in the Friendship Commons 11:00 a.m. -1:30 p.m. (See posting in this Campus Connections)**

**Friday, Nov. 25 - Family Traditions & Stories & Jeans Day** - This time of year, sharing traditions and stories help keep the generations connected. Wear a shirt that reflects the season or a family tradition along with a pair of jeans for \$1.00. See the receptionist to receive sticker (100% goes to Resident Activities). Join us in the FrC at 2 p.m. as we fulfill our annual tradition of trimming the tree and enjoying each other's stories! We'll snack on an after-the-holiday treats and warm our spirits with cordial beverages!

**Monday, Nov. 28 - Intergenerational Day!** - Starting at 6 a.m. until 3:30 p.m., we will be having another special day for the kids and our residents! Sign up with the receptionist with the age and name(s) of the child(ren) that you would like to bring in for this day (Related staff need to be on the work schedule on this day). We will be accepting children from the ages of 4-12yrs old. We'll have music, crafts, LUNCH, games and visits with our residents!

**Other Activities:** Tuesday Nites - Bingo at 7pm; Wednesday - Mid Week Services 7pm; 11/3 Neighborhood Activities; 11/7 The Ceremugas 7pm; 11/10 John Mitsos and Katarina; 11/14 Canine Connection To Love; 11/17 Kinsman Amish Youth Group; 11/21 Happy Volunteers; 11/28 Zachary Markley.

### Movie List for November (Channel 11)

1 <sup>st</sup>	10 a.m.	Ghandi Part 1	17 <sup>th</sup>	10 a.m.	Home For The Holidays
	2 p.m.	Ghandi Part 2		2 p.m.	Planes, Trains, & Automobiles
2 <sup>nd</sup>	10 a.m.	Mass	18 <sup>th</sup>	10 a.m.	Mr. Deets
	2 p.m.	West Side Story		2 p.m.	Second Hand Lions
3 <sup>rd</sup>	10 a.m.	Leap Year		7 p.m.	Shirley Temple Movie
	2 p.m.	Sleepless in Seattle	19 <sup>th</sup>	10 a.m.	Robinson Crusoe
4 <sup>th</sup>	10 a.m.	Seven Brides for Seven Brothers		2 p.m.	Run Away Bride
	2 p.m.	The Women	20 <sup>th</sup>	2 p.m.	Weekend at Bernies
	7 p.m.	Mr. Holland's Opus	21 <sup>st</sup>	10 a.m.	Most Valuable Primate
5 <sup>th</sup>	10 a.m.	No Reservations		2 p.m.	Shirley Temple
	2 p.m.	The Bold Women	22 <sup>nd</sup>	10 a.m.	Second Hand Lions
6 <sup>th</sup>	2 p.m.	Yankee Doodle Dandy		2 p.m.	Simon Birch
7 <sup>th</sup>	2 p.m.	Snow Dogs	23 <sup>rd</sup>	10 a.m.	Jack Frost
9 <sup>th</sup>	10 a.m.	Sound of Music		2 p.m.	Legends of The Fall
	2 p.m.	Grumpy Old Men	24 <sup>th</sup>	10 a.m.	Adams Family Part 1
10 <sup>th</sup>	10 a.m.	The Blob		2 p.m.	Adams Family Part 2
	2 p.m.	Powder	25 <sup>th</sup>	10 a.m.	My Big Fat Greek Wedding
11 <sup>th</sup>	10 a.m.	To Hell and Back		2 p.m.	My Life in Ruins
	2 p.m.	Sargeant York		7 p.m.	Bad Company
	7 p.m.	Legend of Sleepy Hollow	26 <sup>th</sup>	10 a.m.	Snow Dogs
12 <sup>th</sup>	10 a.m.	The Fugitive		2 p.m.	Anastasia
	2 p.m.	Conspiracy Theory	27 <sup>th</sup>	2 p.m.	John Wayne
13 <sup>th</sup>	2 p.m.	Bourne Identity	28 <sup>th</sup>	10 a.m.	Bambi
14 <sup>th</sup>	10 a.m.	Alice in Wonderland		2 p.m.	Ice Age
	2 p.m.	Wild America	29 <sup>th</sup>	10 a.m.	The Art of The Hunter
15 <sup>th</sup>	10 a.m.	Gone With The Wind Part 1		2 p.m.	Arsenic and Lace
	2 p.m.	Gone With The Wind Part 2	30 <sup>th</sup>	10 a.m.	John Wayne Movie
16 <sup>th</sup>	10 a.m.	One Flew Over The Cuckoo's Nest		2 p.m.	John Wayne Movie
	2 p.m.	My Friend Erma			

**P.E.E.R. of the Year Award  
Harry Wood**



Rev. Harry Wood, Colony resident of St. Paul's, received the PEER (Pennsylvania Empowered Expert Resident) yearly award for 2011. PEER residents throughout the state were encouraged to vote for the person they thought was most

worthy of this prestigious honor. Jan Brown, Regional Ombudson Coordinator for the state of Pa officiated this ceremony and presented Harry with his award. PEER also is celebrating their 10<sup>th</sup> anniversary this year. "Moving to a continuing care community can be very traumatic for some", Harry said. "It can be hard. I'm there to look out for companion residents and to make sure things are right." Congratulations Harry for being chosen for this outstanding award.

**P.E.E.R. Graduation**

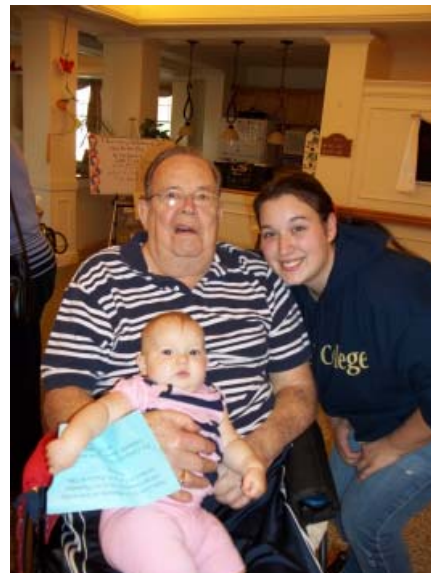


**The Ridgewood Missed the Bus Buffet**

**The Ridgewood Fall Craft with Nancy Manning from Southern Care**



**Happy Birthday Bob Heasley**



**Jim Cooper enjoying a friendly visit.**



**The Villas  
Visit to  
Lago Winery**



**Paul enjoying a visit  
from Bailey Mills**



**The Meadows  
Fall Party**



**The Meadows  
Tea Party**



**Happy Birthday  
Gerry Burdette**



**Please Note**

The 1<sup>st</sup> and 2<sup>nd</sup> Edition of  
The History of St. Paul's  
(St. Paul's Orphan Home 1867-1917)  
and A History of Care (1917-2007)  
are available for purchase  
in The Bistro Gift Shop

ST. PAUL'S RECIPE COLLECTIONS

# COOKbooks

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*Negative thoughts are like weeds in a garden. Once a weed is allowed to flourish, the garden is quickly overtaken. But, if you weed the garden before the weeds spread, you will end up with a beautiful and bountiful garden. **You are the only one who can control the way you think. Nourish the positive thoughts, and weed out the negative ones!** ~*

*Catherine Pulsifer*

