The Villas - A Skilled Nursing Care Facility

Licensing: The Villas is licensed by the Pennsylvania Department of Health.

Accommodations: The Villas offers private and semiprivate accommodations for skilled care. Memory Support Units are available for Alzheimer’s and dementia related disorders.

Services Included in the Daily Rate:
- Room
- Meals, snacks and beverages
- Nursing services
- Laundry
- Housekeeping
- Personal toiletry items
- Basic nursing supplies (oxygen, attends, etc.)
- Dietary services
- Durable medical equipment (wheelchairs, walkers)
- Social services
- Spiritual services
- Social and recreational activities
- Cable television service
- Shopping services
- KIT (adaptive computer equipment with email and Internet access)
- WiFi

Services Available on a Fee-for-Service Basis:
- Physician charges
- Physical therapy
- Speech therapy
- Occupational therapy
- Telephone Service
- Medications
- Dry cleaning
- Beauty salon / hair care
- Transportation
- The Fitness Center
- Computer technology support
- Without Walls - Home-based Services
The Villas at St. Paul’s

Nursing Care
Skilled nursing care offers a level of care that must be supervised by a Registered Nurse. Examples of skilled nursing care are: intravenous injections, tube feeding, and changing sterile dressings on a wound. The nursing staff at St. Paul’s works closely with the resident’s physician to coordinate a plan of care designed to meet each resident’s needs. A coordinated effort between nursing, dietary services, rehabilitation and activities personnel is put forth to maintain the highest level of independence for each resident. General nursing care is provided for residents who require assistance with activities of daily living along with some health services and nursing care, but do not require constant nursing care. Care is ordered by a physician and supervised by a Registered or Licensed Practical nurse. Certified nurse assistants provide assistance with activities of daily living.

Short Stay Neighborhood
Short stay care is provided in The Meadows and is designed to be a bridge between the hospital and home. The goal of short stay care is to support the resident’s needs and return them to their highest level of independence. The Meadows features private rooms and added amenities.

Respite Care
Respite care is temporary or periodic care provided at St. Paul’s which gives the caregiver the opportunity to rest or take some time off.

Rehabilitation
St. Paul’s partners with Alliance Rehab to provide a full scope of therapy services including occupational, physical and speech therapy. In addition to traditional therapies our rehabilitation program offers The Fitness Center, a wellness program that enhances the quality of life through fitness. Our complete therapy program is designed to restore residents to self-sufficient functioning consistent with his/her capability.

Hospice Care
At St. Paul’s we are committed to provide meaning, richness of life and health care services for our residents and families. To enhance our services, St. Paul’s has contracts with 3 Hospice agencies: Family Hospice and Palliative Care, Heartland Hospice & Southern Care Hospice to improve end-of-life care for residents with life limiting illnesses. The purpose of Hospice is to enhance the quality of life by companioning with the resident and their family on the journey at life’s end.
**Special Programs**
Without Walls - Home-based Services
Hospice Care
Short Stay Neighborhood - The Meadows
Respite Care
The Fitness Center
KIT (IN2L-It’s Never 2 Late)
Joining Generations

**Specialized Services**
*(Provided on-site by independent practitioners on a consultant basis)*
Occupational, Speech, Physical and Respiratory Therapy
Wound Care
Podiatrist
Urology
Dietician
Audiologist
Psychology
Psychiatry
Dentistry
Physiatry

**General Services**
Hair Care Salon
Laundry and Housekeeping Services
Transportation
Pharmacy Services / Absolute Pharmacy
Life Enrichment - social and recreational activities and events
Volunteer Services
Computer
Gift Shop
Beautiful Outdoor Areas
Smokefree Environment
Telephone Service
Dining Services / Meals
Spiritual Services
Restorative Nursing Care
Skilled Nursing Care / General Nursing Care
Voter Registration
Notary Services
Social Services
Resident Council

PEER - Pennsylvania Empowered Expert Residents
FEATURES

• ALL private rooms
• RN Supervisor
• Additional Licensed Practical Nursing and Certified Nurse Assistant staffing
• Furnishings including a twin bed, dresser, night stand and recliner
• Flat screen television
• Phone with unlimited local and long distance calling
• Enhanced dining services
• Laundry and linen services
• Satellite therapy services
• Computer kiosk
The Villas
Fee Schedule 2017

Effective January 1, 2017

**General Nursing**
SEMI PRIVATE ROOM .............................................................. $298.00
PRIVATE ROOM ..................................................................... $317.00

**Short Stay Neighborhood**
PRIVATE ROOM ..................................................................... $450.00
Prior to your admission to The Villas at St. Paul’s it is necessary to have arranged for a physician to follow your care during your stay. Physicians must meet state requirements as well as credentialing and comply with timely reviews of the resident’s plan of care.

Dr. Joyce Eckard, M.D. .......................................................... 724-962-3553
Dr. Mark Stabile, D.O. .......................................................... 440-293-5555
Dr. Christina Wong, M.D. ......................................................... 724-588-4240
Dr. Betty Jean Bardella, M.D .................................................. 724-588-7610
Clarissa White, C.R.N.P. ........................................................ 724-588-4240
Aaron Listopad, D.O. ............................................................ 724-528-2513
Welcome to St. Paul’s. We are committed to making your inquiry as comfortable as possible and your admission as smooth. Below are general guidelines for your reference when considering an admission. We do realize that each situation requires special attention and we are committed to address your personal circumstances and needs.

**When coming from home** we encourage you to call the admission coordinator at St. Paul’s in advance to gather initial information and schedule a tour of the facility. Should you decide to come to St. Paul’s, the admissions coordinator will assist you in completing all necessary steps for admission.

**When coming from the hospital** often times the social worker at the discharging hospital makes the initial contact with St. Paul’s. Once contacted, the admissions coordinator will call you to arrange for a visit and to plan the steps for admission.

**These steps include:**
- A completed application submitted to the Admissions Office
- Completion of the admission paperwork
- Copies of the following documents (if applicable)
  - Advance Directives - Living Wills and/or Durable Power of Attorney for Health Care
  - Legal Guardianship papers (if applicable)
  - All insurance cards (required)
  - Power of Attorney papers
  - Phone numbers and addresses for next of kin (required)
- Completion of the following documents
  - General Admissions Agreement
  - Short Stay Resident Agreement
- Preparing items to bring with you for the resident including
  - Clothes - comfortable clothing is recommended.
  - Personal items such as a TV and Easy chair
- **We ask that you do not bring the following items.**
  - Extension cords or multiple plugs
  - Space heaters
- In some cases, completion of an OPTION assessment completed by the Area Agency of Aging
- A medical examination provided by your personal physician, if coming from home.
Welcome to St. Paul’s. During your stay here, you may be eligible for one of the two benefits offered through federal or state programs.

I. Medicare is a federal health insurance program.
Medicare will pay for nursing home care provided several requirements are met. The patient must spend three consecutive days in the hospital – not counting the day of discharge – and must be admitted to a nursing home within 30 days after a hospital discharge. Furthermore, the patient must be admitted to the nursing home for skilled care and receive care in a skilled nursing facility (SNF) for a condition that was treated in the hospital. Finally, the patient must be age 65 or older and have been employed long enough to be insured under Social Security, Railroad Retirement, or federal employment. Examples of skilled services are overall management and evaluation of care plan, observation and assessment of the resident’s current health care needs or rehabilitative services on a daily basis, gastrostomy feedings, and/or therapeutic services.

Medicare benefits has two parts: A and B.
- **Part A** helps to cover for inpatient hospital care, home health care, hospice care, and care in a skilled nursing facility.
- **Part B** helps to cover medical services and supplies that are not covered under Part A.

Medicare Part A covers up to 100 days of care in a Medicare-certified SNF per “benefit period.” A “benefit period” begins day one of covered Medicare services and ends when the patient has been out of the hospital and has not received inpatient skilled nursing facility care for 60 days consecutive.

Full coverage days 1-20: Medicare Part A covers all costs for SNF care. The coinsurance amount for days 21 thru 100 for 2017 is $164.50 per day

Medicare Part A covers the following in a SNF:
- a semi-private room
- 24-hour nursing care
- all meals
- medication
- medical supplies
- medical equipment
- therapy services from physical, speech, and occupational therapies

Medicare Part B covers 80% of costs after the initial $183 yearly deductible.

If the above requirements are met, Medicare may pay for up to and not exceeding 100 days skilled care with 20 days of full coverage. In most cases, some co-insurance or supplemental may pay from day 21-100.

For further information, please contact Medicare Hotline at 1-800-638-6833 or 1-800-560-6170.
II. **Medicaid** is a state assistance program that pays medical bills for those who cannot afford to do so.

The Medicaid program is administered by the state and funded by both federal and state governments. Medicaid pays for medical care for individuals with very limited assets and income or those who cannot afford to pay their medical bills. Mercer County’s Area Agency on Aging initially screens the perspective nursing home. This is referred to as an “Option Assessment.” This assessment may occur either at a private residence or when hospitalized and is geared toward the most appropriate and least restrictive level of care.

**Criteria for eligibility:**

- Must be a U.S. citizen.
- Must be deemed medically necessary to reside either temporarily or permanently in a LTC facility.
- Must meet financial requirements.

Medicaid does pay for nursing home care for those patients deemed eligible. Medicaid is administered by the County Assistance Office of the Department of Public Welfare. In order to file for eligibility, an application must be filed with the Department of Public Welfare.

Generally, the income of the applicant is counted as available for medical expenses including nursing facility care. This income includes social security, pension and interest from savings and investments. **SPECIAL NOTE:** The applicant’s income for the time period in which the application was pending, generally is owed the facility once the application is approved. This income should not be spent by the resident or family during pendency of the application.

Once approved for Medicaid benefits, the following are services covered:

- earned income toward room and board
- medication
- 24-hour nursing care
- durable equipment such as walkers, wheeled chairs
- nursing supplies such as oxygen, Attends pads
- hair care
- treatment by a physician, dentist, or podiatrist
- eye care
- hearing aids
- therapy – speech, physical, or occupational
- transportation to/from medical services.

**For more information, please contact Mercer County Assistance Office at 1-800-747-8405 or The Mercer County Area Agency on Aging**
In compliance with requirements of the Pennsylvania Human Relations Act and Title VI of the Federal Civil Rights Act of 1964, this notice is to inform you of the Open Admissions and Employment Policy of St. Paul’s.

“No person shall, on the grounds of race, religion, color, national origin, sex, age, marital status, disability, sexual orientation and gender identity or expression, veteran status or other characteristic protected by applicable law be excluded from participation in, be denied benefits of, or otherwise be subject to discrimination in the provision of any care or service.

The same requirements for admission are applied to all and residents are assigned within St. Paul’s without regard to race, religion, color, national origin, sex, age, marital status, disability, sexual orientation and gender identity or expression, veteran status or other characteristic protected by applicable law. There is no distinction in eligibility for, or in the manner of providing, any resident service provided by or through St. Paul’s.

All facilities of the nursing home are available without discrimination to all residents and visitors, regardless of race, religion, color, national origin, sex, age, marital status, disability, sexual orientation and gender identity or expression, veteran status or other characteristic protected by applicable law. All persons and organizations that have occasion either to refer residents for admission or recommend St. Paul’s are advised to do so without regard to resident’s race, religion, color, national origin, sex, age, marital status, disability, sexual orientation and gender identity or expression, veteran status or other characteristic protected by applicable law.

St. Paul’s is also an equal opportunity employer and has no restrictions on hiring employees on the basis of race, religion, color, national origin, sex, age, marital status, disability, sexual orientation and gender identity or expression, veteran status or other characteristic protected by applicable law.

St. Paul’s maintains a smoke free environment for both its residents and staff. 

1. St. Paul’s has prohibited smoking within all its facilities since May 1997. Smoking is also prohibited immediately outside facility entrances utilized by the public. Ashtrays are available at these entrances to facilitate extinguishing of smoking materials prior to entering the facility. For residents who moved to St. Paul’s nursing care prior to December 1, 2001, every effort will be made to accommodate them at the designated outdoor area located off the Springs neighborhood.

2. Smoking shall be prohibited anywhere in any non-designated area outside, directly adjacent to the facility (i.e.: foyer, loading docks, stock rooms, entrances, doorways, sidewalks, restrooms, or offices).

3. Residents who wish to smoke may do so at a designated outdoor areas only if they can do so independently or with family support. Facility staff shall not be expected to provide assistance with transporting to/from the designated areas or with providing supervision.

4. Prospective residents and their families shall be informed of St. Paul’s policy regarding smoking, in advance of admission. All new employees are informed of this policy during general orientation.

5. Resources and support are available for staff or residents who are motivated to quit smoking. Staff can obtain this information from the Human Resource department. Residents may seek information through the Social Services office.